Issue: April 2019

FILL THE GAP

Produced by the Community Association & Budja Budja Neighbourhood House.

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WRAP UP...

April is Easter and Active April activities everywhere...

Well we are coming up to the busiest time with all our Easter visitors. There is lots on so check it out.

HALLS GAP COMEDY FESTIVAL EVENT GALA NIGHT—CANCELLED

It is with great sadness that the Halls Gap Comedy Festival Event Gala Night on the 23rd March. Was cancelled. The last 2 years have had terrific support and the Halls Gap Hall has been crammed with laughter. However, this year we have failed to sell enough tickets to bring this event to you.

Angeline and Cass

STATS BY CHAS...

MARCH RAINFALL

14.0mm for March bringing the progressive total for 2019 to 52.0mm. This compares to the same period last year of 27.0mm for March with a progressive total of 64.0mm.

As of the 27th of March Lake Bellfield is holding 54,810ML or 70% full compared to the same period last year of 63,300ML or 81% full. The total system is holding 205,630ML or 36.70% full compared to the same period last year of 272,130ML or 48.57% full.

As of the 31st of March Mount William received 40.2mm. This compares to the same period last year of 36.0mm. The highest temperature of 31.0 C was recorded on the 1st of March and the lowest of -0.1 C was recorded on 30th of March. The highest wind speed of 94 km/h was recorded on the 24th & 25th of March.

FROM THE GARIWERD SIX SEASONS CALENDAR



gwangal moronn

season of honey bees - autumn (late march to june)

Sunrises, Bees and Flocking Birds

Autumn (the season of native honey bees or gwangal moronn) is when the country starts to cool down after the summer heat.

Step back in time...

Tourist Information Centre -1950's - 2019





OUR NEW MURAL

This 37 metre long wall, created by a group of Artists, is our interpretation of the Six Seasons of the Gariwerd (Grampians).

For thousands of years, a close understanding of climate and environment defined in these seasons have helped indigenous people to survive in the variable landscape of this region.

This wall is our homage to that ancient knowledge and the robustness of life in this area throughout the year, which serves as inspiration for our work as Artists. It is a collaborative piece from 5 Grampians based contemporary artists and involves many different mediums and skillsets.



The piece includes metalwork, glassblowing, design, sculpture, collage, stencil art, lots of painting, and some interactive elements.

Six distinct weather periods are recognised in the Gariwerd seasonal cycle. These are genuine seasons that relate to climatic features as well as environmental events such as plant flowering, fruiting and animal behavioural patterns.



Understanding the land through seasonal observations was once essential to survival for the Jardwadjali and Djab Wurrung people. Today the cycles are a vital tool and contribute to the management of Gariwerd. By learning of the six seasons, you can begin to understand Gariwerd and its people. (source: brambuk.com/gariwerdsixseasons.htm)

This project is incredibly exciting for us because we now finally have the opportunity to put a piece of public art in central Halls Gap and showcase the fact that we live in an incredibly vibrant and creative community. There are lots

of artists living in the Grampians and using the Grampians as a source for their inspiration and a huge number of supporters of the arts here so it's a really exciting opportunity to finally show that. Since the proposal of the project in 2016, we have had an amazing amount of support from the community. This is something that Halls Gap has really been pushing for and we are thankful for the backing of the community.

We would very much love for this piece also to be a bridging point and educate visitors on what they might be seeing around them but also touch on the incredibly rich Aboriginal heritage in the area.

GWANGAL MORONN (Late March to June) Sunrises, bees and flocking birds CHINNUP (June-Late July) Cold, cockatoos, early wildflowers LARNEUK (Late July to August) Nesting birds, changeable weather PETYAN (Late August-mid November) Wildlife and wildflowers BALLAMBAR (mid November-late January) Warmth, butterflies, wetland plants KOOYANG (Late January-late March) Parched landscape, eels, bushfire risk

STRATA ART COLLECTIVE is a group of Grampians-based contemporary Artists.

Skills range from metalwork, glassblowing, painting, design, illustration, engineering,

sculpture, textiles and much more. Each of us are passionate about what we do and draw inspiration from the National

Park at our doorsteps. The group is available for collaborative or individual commission work.

The group consists of James McMurtrie - Glass Artist, Sara Bowers – Artist and Graphic Designer, Stacey Rees – Artist, Wayne Dickinson – Metal Sculptor, and Barb Venn-Artist

Follow us on Facebook or Instagram or go to www.strataartcollective.com for more

This is a link for photos https://share.icloud.com/photos/08cbl8XHlyGDc9QQB VJhLKsQ



BUDJA BUDJA MEDICAL CLINIC

20-22 Grampians Road, Halls Gap 3381

PH: 03 53564751

April

Dr Lynne Davies 5th -8th

Dr John Hough 9th-12th

Dr Taione Sikivou 16th,17th,18th

Closed 19th April (Good Friday)

Dr Taione Sikivou 23th, 24th

Closed 25th April (ANZAC Day)

Dr Taione Sikivou Friday 26th



Kidney Health Week

8 - 14 April, 2019

65 Australians die everyday

With kidney related disease
Ask your GP about

Kidney Health check

today

OUR NEW MURAL cont...

I hope that by now those of you who live in Halls Gap have taken



the opportunity to have a good look at this superb artwork now that the fence is down and you can come close. But I know that we have many readers living in other places, so do make sure you visit soon and have a look.

I myself am thrilled to see this tribute to the knowledge and understanding of the local indigenous people. Some of you may remember that back in 2002 I produced a perpetual calendar (for birthdays etc.). I was aware of how unfitted the four European seasons were for this special place, but unfortunately I couldn't find anything about the indigenous seasons, but knew there had to be more than four. So I looked around and came up with seven, very close. (I had divided Spring into three, not two). I was surprised and delighted when, soon after this, the information emerged about the traditional owners' six seasons. More so when it was uploaded to the Bureau of Meteorology's website. Since then, we have used the correct season in our Friends of Grampians Gariwerd newsletter, and in Fill the Gap.

Now we have it on public display, our local artists' salute to the indigenous folk's connection to land and weather. And by the way, my calendar is still available, \$10, proceeds to our Community Association, for the Botanic Garden.

Margo

BUDJA BUDJA NEIGHBOURHOOD HOUSE

Budja Budja has had a wonderful March with the Ipad course run by Jenny Greenberger, Story time - playgroup, upcycling sewing group and our very successful inaugural International Women's Day Luncheon.

Don't worry if you missed the Ipad course Jenny will be back in second semester.

April will be very busy with our School Holiday Program and Active April activities, Yoga, Walking Group and Tai Chi. Check out the Northern Grampians Shire website for more activities.

https://www.ngshire.vic.gov.au/Events/ActivatiNG-Active-April-In-Northern-Grampians-Shire-Events-Calendar

Get your team together and join in on the Stawell Amazing Race on the 14 April a fantastic family day.

Would you like to help out at the BBNH? We are looking for volunteers. Drop in or ring us on 5356 4751.

Budja Budja Neighbourhood House



Thursday 11 April - 10-12noon Have Fun playing Petanque

Friday 12 April - 10-12 noon Bilby Art Fun



STAWELL AMAZING RACE

SUNDAY 14TH APRIL 2019 (Week before Easter)



Wednesday 17 April -10-12 noon



Thursday 18 April

Book by calling Lee-Anne or Alison on 5356 4751 or email; neighbourhood.house@budjabudjacoop.org.au

Check out more School Holiday Programs in the area a https://www.ngshire.vic.gov.au/Events/Events-Calendar











"Importance of Gender Equality from Cradle to Grave"

We had 28 women attend our Luncheon from as far afield as the USA, Ararat, Stawell, Pomonal and Halls Gap. The food was fantastic thanks to Lee-Anne and her band of helpers. Also Thanks to Kerrie Thorpe for a most interesting talk. Some of the main points of interest that raised a good deal of discussion were:

- Not to focus on what it is to be a woman or a man but focus what it is to be human
- Violence is choice
- That there should be Men's Refuge rather than a Women's Refuge so that the women and children are not removed from their family homes, schools and support networks. Men who perpetrate violence against their families would have the option to go to Men's refuge (where they would be provided with opportunities for them change their behaviour) or to prison.





Date: Monday 29th April 2019

Time: 9-11am CPR only; 9-3pm First Aid **Venue:** Budja Budja Neighbourhood House, 20-22 Grampians Rd, HALLS GAP

Cost: CPR only \$65; First Aid \$155

Enrol before 23rd April by calling Lee-Anne or Alison on 5356 4751 or email; neighbourhood.house@budjabudjacoop.org.au





Budja Budja Neighbourhood House

Budja Budja Neighbourhood House

Yarn Group



Yarn Group meets every Thursday from 1.30pm to 3.30pm and

and

Yarn by night from 5pm to 6.30pm during school terms

All levels welcome especially beginners welcome. Alison has over 40 years experience working with yarn so she is happy to help get you started on your yarn journey. Bring along your own projects especially your UFO's UnFinished Objects.

Yarn and tools available



Book by calling Lee-Anne or Alison on 5356 4751 or email; neighbourhood.house@budjabudjacoop.org.au





Budja Budja Neighbourhood House





RSA (SITHFAB002)

Date: Friday 14 June 2019

Time: 6pm -10pm

Venue: Budja Budja Neighbourhood House,

20-22 Grampians Rd, HALLS GAP

Cost: \$105

Food Handlers (SITXFSA001)



Date: Saturday 15 June 2019

Time: 10am -2pm

Venue: Budja Budja Neighbourhood House, 20-22 Grampians Rd, HALLS GAP

Cost: \$105

Enrol before 21st May 2019 by calling Lee-Anne or Alison on 5356 4751 or email; neighbourhood.house@budjabudjacoop.org.au







Budja Budja Neighbourhood House

FRIENDS OF GRAMPIANS GARIWERD

FOGGS had an interesting visit to some old quarries near Rocklands Reservoir last Sunday, together with the Horsham Lapidary Club. We were looking at some interesting fossils in the sandstone there. Our April activity is planned for the 13th, a visit to a Rock Art site. Then we will have two May activities, a working bee in the Victoria Valley on the 11th and them on May 19 we will be joining in with Clean Up Australia Day.

Almost all of our activities are open to non members and you can find out more about us on our website.

http://friendsofgrampiansgariwerd.org.au/

BOTANIC GARDEN NEWS

The furniture for the shelter has been ordered, and we'll certainly let folk know when it arrives as we need to assemble it. We have also ordered a rainwater tank. We are very grateful for some community support from people who don't actually live in Halls Gap. First we received a sizable cash donation from the Australian Plant Society Group who meet each month in Pomonal, and then three men who were here while their partners were involved in the Textures workshops came to a working bee and helped excavate, inspect, and start repairs to our drip watering scheme. It would be so good if we got more support from businesses in Halls Gap. A few of you gave us a donation last year of \$50 or equivalent, for which we gave you a charming poster to put up somewhere. It's time to renew.

Next working bee Wednesday April 10. Put it in your diary now!

We are planning to finish the repairs to the watering scheme, and to put in some plants which the APS group have given us. We would welcome more people to join us, either at our regular 2nd Wednesday of the month working bees, or on their own at a time that suits you. Come regularly or occasionally, every little bit helps.

AMBULANCE VICTORIA

Bit if an update from the local Ambulance Victoria service in Halls Gap. We have been keep busy with



attending jobs in Halls Gap and surrounding areas. We are in the process of transitioning 5 new recruits to our team, they have been busy doing observer shifts in Horsham and Ararat and are now ready to start in Halls Gap. Our station has been having some upgrades to meet the standards of Ambulance Victoria and they are nearly complete.

If you see any of our members in town, say 'hi' and introduce yourself. It is always good to have a bit of extra local knowledge of who is in town.

Exploring the Grampians? Please remember to be suitable dressed with proper walking shoes, also pack an extra jacket or jumper as the weather can be unpredictable. Stay hydrated with at least 2L of water and make sure that your mobile phone is charged. Keep an eye on the Emergency markers as you walk the tracks, these markers are a vital tool for Emergency Services. If you do need to ring '000' in an emergency don't continue on walking, stay near the closest marker if possible.

As we head into a busy time of the year in Halls Gap please make people visiting our lovely home aware of the dangers of swimming and walking around the Grampians and hopefully we will all have a safe and happy Easter break.

If you have any questions about the Halls Gap Ambulance feel free to contact me 0457795405, if it is an emergency ring '000'

Regards

Kerry Linke

Halls Gap Ambulance Team Leader

BOTANIC GARDEN WORKING BE WEDNESDAY APRIL 10 - 9AM TO 12.30PM

FRIENDS OF GRAMPIANS GARIWERD ROCK ART VISIT SATURDAY APRIL 13 - 10AM





STAWELL AMAZING RACE

SUNDAY 14TH APRIL 2019 (Week before Easter)

Check in on the day to collect your race folder from Stawell Town Hall at 9am

Race commences at 10am through to 1pm (finishing with free bbq) @ Stawell Town Hall

> Teams of four all ages welcome prizes to win This is a FREE event!

Early bird registrations (highly recommended)

https://www.ngshire.vic.gov.au/Online-Forms/Stawells-Amazing-Race-registrationform

General enquiries to Stawell Library 5358 1274

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Reminder- Please remember we have a Halls Gap webpage. It has all sorts of useful information and links, and it's where you can find previous issues of Fill the Gap. Not everyone in HG is on Facebook, so if you are planning an event make sure you do put it up on the website. And if you need to make changes to information about your group, or find errors, please let the administrators www.hallsgapcommunity.org.au



The Grampians Film Society evenings are held from January to November. The doors open at 7pm and screenings commence at 7.30pm. Drinks and nibbles are served prior to the film and a light supper is served afterwards. Membership is only \$45 annually, \$25 half-year or \$15 for three consecutive months. Contact Janet Witham 03 5356 4300 or Alison Bainbridge 0417 883 445 for more information.

Come along and enjoy viewing, being entertained and discussing the merits of films we screen. We endeavour to cater for a variety of tastes as well as have a fun social night.

Wednesday 24 April 2018 at 7.30pm Screening Date:

Screening Venue: Centenary Hall, 117 Grampians Rd, Halls Gap

Film: Brooklyn, 2015 UK, Drama

An Irish immigrant lands in 1950s Brooklyn, where she quickly falls into a romance with a local. When her past catches up with her, however, she must choose between two countries and the lives that exist within.









Halls Gap Anzac Dawn Service

A Dawn Service on Anzac Day will be observed at the Memorial Gates at the Oval. This will be a very, very low key event listening to the broadcast from the Shrine of Remembrance on the radio.

Everyone is very welcome at 5.45 AM for a 6.00AM Service.

(A full Dawn Service is conducted in Stawell).

GRAMPIANS TEXTURE







Did you join in any of the workshops with **Grampians Textures?** Or shop from the Traders? Or go and marvel at what was achieved by the students in their workshops? What a great event Marion and her team bring each March and November!



HALLS GAP RATEPAYERS ASSOCIATION

Next Meeting: 10 April 2019 @ 7.30pm



Due to a clash of venue bookings the HGRRA has changed the date of its first meeting and AGM for 2019.

Please note that the next scheduled meeting will now be held on Wednesday April 10 at 7.30pm in the Supper Room of Centennial Hall.

The general meeting will be preceded by the AGM. Pop the new date in your diary and come along to see what issues are of interest to your fellow residents and/or ratepayers.

HALLS GAP PRIMARY SCHOOL



This past month at Halls Gap Primary School our students have been very busy learning how to be good buddies, perform in the circus and participate in National Ride to School Day.

Students made the trek over to the Halls Gap Community Centre where they participated in a Circus Challenge incursion. All boys and girls participated in juggling, plate spinning, juggling stick activities and even had the opportunity to witness some amazing acrobatic skills demonstrated by our friendly instructors.



Student buddy groups participated in National Day Against Bullying activities. Our focus for the day was 'Be a buddy, Not a Bully'. Buddy groups worked together suggesting ways to be a good buddy and what these behaviours look like in the schoolyard.

Last Friday 22nd March was National Ride to School day. Halls Gap Primary School students rode, scootered, roller blade, walked and jogged to school to celebrate the day. It was fantastic to see the entire school community get involved in the day.

By Mr Edge's Grade 456 Class

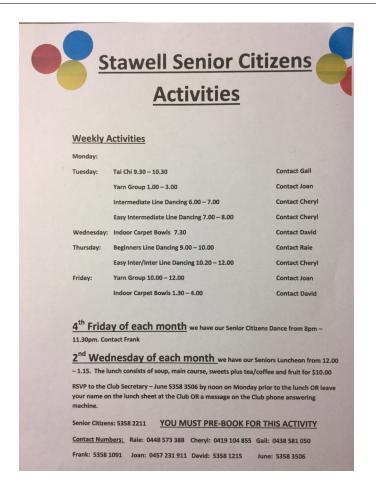




Halls Gap Market Easter Sunday - 21st April

This outdoor market features home grown, home made arts, crafts, clothes and produce. School parents serve hot and cold refreshments along with a barbecue featuring delicious egg and bacon rolls. All proceeds go to the Halls Gap Primary School.

Come and support your local Primary School with this wonderful market.





Parks Victoria's 2019 Active April

Grampians National Park

Move for You... Move for your Health...



Active walk with a Ranger



When

Join a Ranger to walk trails surrounding Halls Gap every Wednesday for the month of April. Getting out and active in nature has proven benefits for our mental and physical wellbeing. Parks Victoria are encouraging visitors this April to get out and get active in Parks around Victorial Sturdy walking shoes, water and appropriate clothing are essential. Register for this FREE event by visiting the Eventbrite website and searching

国际2727	'Parks Victoria' or scanning the QR code.
Wednesday 3rd April 9:00am-10:30am	Chatauqua Peak • 5.6 km Circuit. Meet at the Halls Gap recreation oval
Wednesday 10th April 9:00am -10:30am	Splitters Falls 4 km return. Meet at the trailhead to Venus Baths at the Botanical Gardens
Wednesday 17th April 9:00am-10:30am	Sundial Peak 4.2km return. Meet at Sundial car park
Wednesday 24th April 9:00am-10:30am	Boronia Peak • 6km return. Meet at the trailhead at the bottom of Tandara road



Premier's Active April encourages all Victorians to do 30 minutes of physical activity a day during April. It's free, it's fun and it's part of the Victorian Government's commitment to get more people active and healthy. Start small – remember every little bit counts.

When	Details
	Junior Ranger Activities Join a Ranger at Grampians National Park to be active this April! Each Tuesday and Thursday during the school holidays Rangers will be holding Junior Ranger activities that encourage kids ages 6-12 years of age to be active in nature. Sturdy walking shoes, water and appropriate clothing are essential. Register for this FREE event by visiting the Eventbrite website and searching 'Parks Victoria' or scanning the QR code.
Tuesday 9th April 9:00am-10:30am	Bicycle Scavenger Hunt
	Head off with a Ranger along the Halls Gap bike path to uncover different clues abou Grampians National Park. Bring your own bike or visit Absolute Outdoors — main street of Halls Gap to hire a bike for the adventure. Meet at Halls Gap Park, across from the Visitor Information Centre
Thursday 11th April 9:00am-10:30am	All Fired Up
	Join Rangers and Fire Crew members to learn about fire safety and how to prepare during bushfire season in and around the National Park. Meet at Brambuk The National Park and Cultural Centre
Tuesday 16th April 9:00am-10:30am	Compass Challenge
	Join Rangers to learn about how to use a compass and hunt for clues around the Park Meet at Brambuk The National Park and Cultural Centre
Thursday 18th April 9:00am-10am	Sensory Trail—Nature Play Week
	In conjunction with Nature Play week, Rangers will help Junior Rangers uncover treas ures of the National Park using their senses along the Fyan's Creek Loop Walk. Meet at the bottom of Tandara road

Free - Limit of 15 Junior Rangers per program, please register for this event

















This salad was a great success at the Budja Budja Neighbourhood House International Women's Day Luncheon. So here is the recipe.

Roast Cauliflower Salad

Serves 4

Ingredients:

- •1 cauliflower head
- •3 tbsp paprika
- •2 tbsp za'atar
- •2 tsp salt
- •2-3 tbsp extra virgin olive oil
- •1/3 cup dried currants
- •1/3 cup water
- •1/2 cup fresh chopped parsley
- •1/4 red onion
- •1 tin chickpeas, drained
- •1/4 cup pumpkin seeds

Dressing ingredients:

- •2 tbsp tahini
- •2 tbsp extra virgin olive oil
- •Juice from 1 lime or half a lemon (about 2 tbsp)
- •1 glove garlic, crushed
- •1/2 teaspoon sea salt
- Dash of warm water (add until runny)

Methods:

1.Preheat oven to 200c. Chop cauliflower into florets, place on lined baking tray and sprinkle with half of the paprika, za'atar and salt (leaving the rest for the chickpeas). Drizzle with extra virgin olive oil and place in oven for 30 minutes.

2.Place currants in bowl, add water and soak. Chop herbs. Slice red onion. Mix dressing.

3.Drain a tin of chickpeas, rinse well and place on lined baking tray. Sprinkle with remaining paprika, za'atar and salt. Add pumpkin seeds on top of chickpeas. Drizzle with extra virgin olive oil and place in oven for 15 minutes.

4.Before removing food from oven, turn oven to grill for 2-3 min. Watch that it doesn't burn.

5.Remove food from the oven. Drain the water from the currants. Combine ingredients in a large serving bowl and garnish with fresh herbs.

Modified from https://www.lyndicohen.com/recipes-2/roast-cauliflower-chickpea-salad-recipe

FILL THE GAP COMMITTEE

Lee-Anne, Margo, Alison , Jenny and Tammy
Please email your articles and photos to us
by the 25th of each month to:

neighbourhood.house@budjabudjacoop.org.au

Upload your community events details to the Community Association webpage:

www.hallsgapcommunity.org.au

Like our Halls Gap Community Association Facebook Page

Like our Halls Gap Community Watch and Events Facebook Page



How Children Perceive Their Grandparents

I didn't know if my granddaughter had learned her colours yet, so I decided to test her. I would point out something and ask what colour it was. She would tell me, and she was always correct. It was fun for me, so I continued. At last, she headed for the door, saying, "Grandma, I think you should try figuring out some of this stuff for yourself!"

Regular Events

- Chas Mangle Justice of the Peace is available for witnessing documents in the History Room at the Centennial Hall most days except Tuesdays from 1pm - 5 pm. Ph. 0439 837 052
- Budja Budja Neighbourhood House check the program at the house and online
- Check Social Coffee catch-ups at Brambuk
 11am on the first Tuesday of the month.
- Various sport/fitness groups. Check the community website for details



The Halls Gap History Room in the Centennial Hall is open most days except Tuesday from 1PM - 5PM.Locals and visitors are most welcome and there is no entry fee.