

Issue: February 2021

FILL THE GAP

Produced by the Community Association
& Budja Budja Neighbourhood House.

Articles for March FTG need to be received by the 25th February 2021. See page 17 for details

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FROM THE GARIWERD SIX SEASONS CALENDAR



kooyang

season of eels - late summer
(late January to late March)

A Parched Landscape

Late summer (season of eels or kooyang) is the hottest and driest time of the year.

The risk of bushfire (Piikorda) is high.
Streams dry up.

WRAP UP...

January was a blur with so many visitors to the area enjoying the beauty that is Grampians/Gariwerd. Our local businesses did a wonderful job in looking after our visitors even with staff shortages and unprecedented numbers visiting the region.

Halls Gap is an inclusive, welcoming and supportive community to those who want to make it their home and/or livelihood regardless of gender, religion or ethnicity. There is space for everyone who want to contribute to a more tolerant community. I was sadden to see that not all visitors to Grampians/Gariwerd have a good understanding of this and want to use childish, bullying tactics to push a less tolerant agenda for a very small minority.

Share your vision for our special community by contributing to Shire Vision 2041 plan pages 1-5.

In this edition check out the road closers planned for February 8th –12th on page 10. Budja Budja Neighbourhood House's new program out. See page 7 for more details. Great news for the Botanical Garden, the wonderful art shows in the region and much more.

STATS BY CHAS...

January 2021 - Rainfall by Chas;

165 mm for January. This compares to the same period last year of 36 mm for January. This is the highest recording for January since the flood year of 2011 (294mm).

As of the 27th January Lake Bellfield is holding 51,030ML or 65% full compared to the same period last year of 53,410ML or 68% full.

The total system is holding 194,000ML or 34.62% full compared to the same period last year of 197,710ML or 35.29% full.

Mount William received 85.8mm for January 2021 (once again I think there was a malfunction in the recordings between the 1st and 19th of January). The highest temperature of 31.4 C was recorded on the 24th of January and the lowest of 2.3 C was recorded on the 27th of January. The highest wind speed of 98 km/h was recorded on the 25th of January 2021.

SHIRE VISION 2041



Our
COMMUNITY
together



A shire vision captures what all its communities value most about their community and sets out their key priorities and aspirations for the future. Northern Grampians Shire Council is seeking views from ALL community members ACROSS the shire to establish a vision which will span the next 20 years, to 2041. It is vital that this shire vision represents the views of ALL

communities across our ENTIRE region; it will give focus to the 2021-25 council plan and will inform successive council plans after that, until 2041.

More detail see pages 2 to 5.

SHIRE VISION 2041



lane and remind yourself of what life was like in 2000. Use the 'Infographics' tab to read some quick facts about the People, Culture and Economy of our shire now.

[Click here to take the Shire Vision 2041 Survey and tell us what matters most to you](#)

Questions that will be asked include:

- What do you love about the Northern Grampians Shire?
- What do you think are the Northern Grampians Shire's strengths?
- What do you value most about your community in the Northern Grampians Shire?
- What do you think needs to change to make the Northern Grampians Shire better?
- In 2041, what do you think the Northern Grampians Shire will look like?
- In 2041, how do you think the community of the Northern Grampians Shire will be living, working and spending their social time?
- What do you think are the biggest threats to the future of the Northern Grampians Shire?
- What words would you use to describe the Northern Grampians Shire **now**?
- What words would you use to describe the Northern Grampians Shire in the **future**?

Step 2. Stage 2 - Township Roadshow (10, 11 and 17 February 2021)

At the township roadshow community members are invited to contribute to an ideas wall, complete a copy of the survey and discuss your priorities with the Mayor and CEO at the following locations on **Wednesday 10 February**:

- Glenorchy Memorial Community Hall, 29 Forest St, Glenorchy from 9.30am to 11am
- Great Western Mechanics Institute, 103 Main St, Great Western from 12pm to 2pm, and
- **Halls Gap Hub, 117 Grampians Rd, Halls Gap from 3pm to 5pm.**

On **Thursday 11 February**:

- Stuart Mill Community Centre, 1126 Stuart Mill Low Rd, Stuart Mill from 9am to 11am
- Navarre Clubrooms, 47 Cambridge St, Navarre from 12pm to 2pm
- Marnoo Hub, Park Road, Marnoo from 3pm to 5pm.

They will also be at the Perry Room in the Town Hall, 40 Napier St, St Arnaud from 9am to 11am and then the Stawell Town Hall at 59-69 Main St, Stawell from noon to 2pm on **Wednesday 17 February**.



Step 3. Stage 3 - Developing your Shire (Community) Vision 2041 (March 2021)

In this stage we will review the findings from the first and second stages of engagement and prioritise areas of focus as we develop the new Shire (Community) Vision 2041. Further opportunities will be provided for you to contribute to a shared vision of future success for Northern Grampians Shire with long term goals to help make our communities better, together.

SHIRE VISION 2041



Our
COMMUNITY
Together



Council is seeking views from ALL community members ACROSS the shire to establish a vision which will span the next 20 years, to 2041. It is vital that this shire vision represents the views of ALL communities across our ENTIRE region; it will give focus to the 2021-25 council plan and will inform successive council plans after that, until 2041.

There is no current draft Shire Vision 2041, so we are not asking for your consultation on something that has already been developed. This work begins from the ground up, with you, now. Scan the QR code to link to the Shire Vision 2041 survey or visit the Northern Grampians Shire Council website to get involved with #NG2041

<https://www.ngshire.vic.gov.au/Have-Your-Say/Shire-Vision>

#NG2041



Northern Grampians Economic Snapshot

GROSS REGIONAL PRODUCT



\$730M

Northern Grampians

\$14,152M

Grampians Region

\$454,590M

Victoria

JOBS

4,940

Northern Grampians

92,613

Grampians Region

2,730,332

Victoria



LABOUR FORCE PARTICIPATION RATE

44.77%

Northern Grampians

46.75%

Grampians Region

49.43%

Victoria



WAGES AND SALARIES

\$332M

Northern Grampians

\$6,655M

Grampians Region

\$220,353M

Victoria



MEDIAN WEEKLY INCOME

\$513 (\$26,674 pa)

Northern Grampians

\$580 (\$30,177 pa)

Grampians Region

\$644 (\$33,556 pa)

Victoria



LOCAL SALES

\$401M

Northern Grampians

\$8,572M

Grampians Region

\$377,777M

Victoria



EXPORTS



\$704M

Northern Grampians

\$7,070M

Grampians Region

\$114,270M

Victoria



LAND AREA (ha)

572,987

Northern Grampians

4,862,647

Grampians Region

22,749,563

Victoria



CENSUS POPULATION (person/ha)

0.02

Northern Grampians

0.05

Grampians Region

0.26

Victoria



BS 2019 ESTIMATED RESIDENTIAL POPULATION

11,402

Northern Grampians

250,959

Grampians Region

6,596,039

Victoria

ANNUALISED POPULATION GROWTH RATE (2011-2016)

-0.7%

Northern Grampians

1.4%

Grampians Region

2.1%

Victoria

MEDIAN AGE

48 years

Northern Grampians

42 years

Grampians Region

37 years

Victoria



Our People and Community

FEMALE

50.50%

Northern Grampians

50.88% Grampians Region
51.05% Victoria



MALE



49.50%

Northern Grampians

49.12% Grampians Region
48.95% Victoria

LARGEST AGE GROUP

60-64 yrs

Northern Grampians

50-54 yrs Grampians Region
30-34 years Victoria



CHILDREN DEVELOPMENTALLY VULNERABLE

(Children's interest in language skills)

8.70%

Northern Grampians

7% Ballarat
9.1% Horsham
6.40% Victoria



DISENGAGED YOUTH

(15-24 yr olds unemployed or not enrolled in education)

13.48%

Northern Grampians

10.77% Grampians Region
8.18% Victoria



YEAR 12 COMPLETION

32.92%

Northern Grampians

40.89% Grampians Region
53.83% Victoria

BACHELOR AND POSTGRADUATE DEGREE

16.82%

Northern Grampians

23.20% Grampians Region
36.17% Victoria



ASSISTANCE REQUIRED DUE TO DISABILITY

7.65%

Northern Grampians

6.05% Grampians Region
5.15% Victoria



INDEX OF DISADVANTAGE

135/544

(Where 1/544 is ranked the most disadvantaged local Govt area)

Northern Grampians

287/544 Ballarat

PEOPLE NOT BORN IN AUSTRALIA



15.71%

Northern Grampians

15.95% Grampians Region
33.97% Victoria

ABORIGINAL PEOPLE

1.34%

Northern Grampians

1.26% Grampians Region
0.75% Victoria



AUSTRALIAN INDIGENOUS LANGUAGE SPOKEN AT HOME

0%

Northern Grampians

0.02% Grampians Region
0.01% Victoria



LANGUAGE OTHER THAN ENGLISH SPOKEN AT HOME

10.89%

Northern Grampians

11.48% Grampians Region
32.98% Victoria





The Halls Gap Community Garden is open to all locals and visitors to Halls Gap. There is no need to work in the garden to come down and take away herbs, salads or vegetables.

There are six chickens working diligently in the garden and they have become very popular with the families visiting the garden. It is looking very neat and orderly with quite a selection of produce.

I am assisted by local residents in various ways from donating pellets to the chickens to weeding the garden. There is no expectation and no rules.

For me it has been an honour and joy to work in the community garden and I have received far more than I have given. I like to think it has become an attraction in its' own right and adds to the ambience of life in the Gap.

Tim Walsh



Grampians Studio and Gallery also know as Pomonal Mixed Bunch is planning on an interesting monthly program for 2021. If you are interested in joining our group please contact us through Facebook: <https://fb.me/GrampiansStudioandGallery>



The St Arnaud Railway Station Gallery will be featuring a new Exhibition of paintings, entitled 'Perspectives' presenting the work of Jake Berry, Ann Bateup, Jasmine Berry, Leah Berry, Benjamin Dawe & Don Berry. View from **February 6th to April 5th, Friday, Saturday, Sunday & Monday (11am - 4pm)**. Please see the attached Invitation, listing our Open Times and duration of the Exhibition.



Halls Gap Book Club



*Held Third Thursday of the month
from 7.30pm
at Budja Budja Neighbourhood House*

January was a month of fun with school holiday program and work with planning more activities for 2021. We have more programs coming on board as we get into February.

Put these in your diary:

Tuesday 1.30pm to 2pm: Gentle Exercise with Jo at the Centenary Hall

Thursday 10am to 11am: Tai Chi behind the Halls Gap Community Garden

Thursday 1pm to 3pm: Meet and Make—bring along your project, share a cuppa and yarn. It can be knitting, crochet sewing, weaving etc

Friday 5th and 19th Pomonal/Halls Gap Playgroup
9.30am to 11am

Friday 1.30-3pm: Friday Fun— For February we will be playing Finska— everyone welcome.

Events:

Saturday 20th February 1.30pm to 4.30pm Clothes Swap in the Centenary Hall

Monday 22nd Feb. 9am to 3pm First Aid.

Computers are also available you need to book your time. Come in for a cuppa and chat. Opening times Tuesday— Friday 9am to 3.15pm.

First Aid & CPR dates for 2021



Dates:

Monday 22nd February 2021

Monday 12th April 2021

Monday 7th June 2021

Monday 9th August 2021

Monday 4th October 2021

Monday 6th December 2021

Time: 9am to 3pm

Cost: CPR HLTAID 001 \$65

First Aid HLTAID 002 \$155

BYO: Lunch

Book now to ensure your place

20-22 Grampians Rd., HALLS GAP VIC 3381
p: 03 53564751, option 3
m: 0491 090 456
e: neighbourhood.house@budjabudjacoop.org.au
w: <https://budjabudjaneighbourhoodhouse.org.au/>



International Women's Day

Budja Budja NH Luncheon

**Friday 5 March 2021
11.30AM-2PM**

at Halls Gap Recreation Reserve
46-72 Grampians Road HALLS GAP

Guest Speaker: Tanisha Lovett

Cost: \$10 per head

#ChooseToChallenge

20-22 Grampians Rd., HALLS GAP VIC 3381
p: 03 53564751, option 3
m: 0491 090 456
e: neighbourhood.house@budjabudjacoop.org.au
w: <https://budjabudjaneighbourhoodhouse.org.au/>



HALLS GAP CFA

So far it has been a cool and quiet summer with few call outs, although we have been on standby with several days of Total Fire Ban. Along with other brigades in the Stawell Group, we are rostered to nominate a "strike team" on selected Total Fire Ban days. This involves setting up a team ready to travel to support a neighbouring area, as well as ensuring sufficient firefighters are available in the event of a local incident.

We are pleased that training has recommenced (again) with drills and practice scheduled for the first and third Wednesday of each month.

After a long delay due to COVID restrictions, the election meeting for our Brigade Management Team will take place on **Wednesday 17 February**. All positions will be vacated and a new team will be selected for the remainder of the two year appointment period, concluding in June 2022. Our brigade has a captain and three lieutenants who take responsibility for brigade operations including maintenance and training. We also have a secretary/treasurer, and officers for communications, community engagement, health and safety and Fire Equipment Maintenance. We are expecting changes among the Brigade Management Team as some existing members have indicated they will not be renominating.

Campfires continue to be of concern to the brigade. Rules apply to fires on private property and public land but these are repeatedly ignored. Volunteer firefighters are often called to inappropriate fires which are too large, not properly contained, are in the wrong place or are left unattended. In response to the Greater Gariwerd Landscape Draft Management plan we have suggested that a seasonal ban be considered for the future. We also had some members participate in a discussion recently with Parks Victoria, DELWP, Forest Fire Management, Police and CFA to share ideas on improving management, control and communication about campfires in and around the Greater Gariwerd Landscape.

Thanks to individuals and businesses who display signs and alert visitors and guests on Total Fire Ban days. To check the fire danger rating and Total Fire Ban status for Halls Gap, which is in the Wimmera



Fire District, see <https://www.cfa.vic.gov.au/warnings-restrictions/wimmera-fire-district>

There is still a month of summer to go, and the fire season will extend well into autumn, so please continue to take care with fire and ensure you are ready to put in place your Bushfire Plan, see <https://www.cfa.vic.gov.au/plan-prepare/your-bushfire-plan>.

Peter Hilbig | Captain | Halls Gap Fire Brigade
78 Grampians Road Halls Gap VIC 3381
0437 524 716 peter@hilbig.id.au



WILDFLOWERS OF THE GRAMPians: A GUIDE TO COMMON AND NOTABLE SPECIES



Have you seen the new fold out guide to Grampians flowers? It's been done by our Ballarat volunteer Joy O'Brien and is for sale at the newsagency and I think also the Visitor Information Centre (VIC). It's designed to be light and waterproof, so very suitable to take on a walk. There's a photo of each of the 108 flowers with information about time of flowering, the shape of the plant and of the leaves.

Margo Sietsma



We are very happy to report that we have been granted a large proportion of what we applied to the Department of the Environment, Land, Water and Planning (DELWP) for last year. We will be able to completely revamp our ageing and inadequate watering system, build a new shed to be our office and library, purchase a portable



toilet for volunteers, have a series of information boards about how the traditional owners used different plants for food and medical uses. We will have to wait for connection to electricity and solar panels and art to accompany the indigenous signs, all of which we will apply for in future grant opportunities. But we will be busy enough with these. Just have to wait for the money to actually arrive so we can sign contracts.

The new Peaks Trail will be coming through the garden. You may already have seen the arrow signs, but coming soon are improvement to the paths their walkers will take and some work on the narrow gates to make sure they stand up to the extra traffic. We need to ensure they continue to self-close so we keep the deer and wallabies out.

It's probably time to give you some **background information** about the garden and its history.

The Botanic Garden is situated on approximately 2 hectares of Crown Land administered by the DELWP, and managed on its behalf by the Halls Gap Caravan Park and Recreation Reserve Committee of Management. Funding for the garden mainly comes from the CAHG and the HG Rec Reserve. Grants have been sought from various bodies over the years, mostly successfully.

Prior to the Garden's establishment in 1996, the land had no specific use and was a degraded area of manna gum and swamp gum forest with middle storey scrub, some shrubs, ferns and rushes, but a preponderance of bracken, exotic weeds and plants from early settlement.

A Federal Government grant of \$26,000 was obtained in 1996 under the Forest Ecotourism Program for replanting with indigenous plants, for constructing about 1 km. of walking tracks, together with a footbridge across Stony Creek, a wetland boardwalk and an information shelter, and for interpretive signage and plant labelling.

Then came the severe drought in the early 2000s. In 2004 it was recognised that there was a need for a revitalisation of the Botanic Garden project. The small core of continuing volunteers had dwindled markedly in both numbers and energy levels, owing to the ageing process, together with the loss of some plants resulting from the drought and grazing animals.

Since then a lot of work has gone in. Much effort has gone into new plants, keeping existing plants alive, weeding and mowing. The long drought from about 2000 to 2010 had a solid impact on the garden, as did the flood of 2011. Outside volunteers such as Conservation Volunteers, Work for the Dole, Drought Relief teams have helped on short term projects. The garden was fenced in 2008 to keep deer and macropods out (essential!), with decorative gates. Parks Vic donated us some no longer needed fencing: all we had to do was dig it up and install it! And Wayne Dickinson created the beautiful main gate. After the 2011 flood the NG Shire helped hugely to restore our paths, and the Recreation Reserve committee paid for tree removal. A shed and water tank were installed, and some improvements to the water supply were made.

Recent improvements: Grants and gifts have enabled us to build a large shade shelter and furnish it, install a solar powered fountain and pond in memory of the builders of the water supply fluming to Stawell, establish various attractions for young children and more. One of our volunteers (who actually lives in Ballarat but has a cottage here) has given many of our plants labels. We also have some signs with information about plant families scattered through the garden.

We look forward to working with WAMA who are establishing a garden out on the plain at Pomonal. They will be able to grow plants which object to our cloudy valley, we can grow shade loving plants which they can't. We also will be working in cooperation with Brambuk who hope to improve their garden too.



We are very much in need of volunteers. In 2021 we will be holding working bees on the 2nd and 4th Fridays from 9.30am, but some volunteers just come when they can.

Margo Sietsma 0429201139



MT VICTORY ROAD MAINTENANCE WORKS, HALLS GAP TO REED PICNIC AREA (REED LOOKOUT TURN-OFF)-CLOSURE INFORMATION

We're making Mt Victory Road safer for road users by resealing the road surface.

This is an important operation and involves crews working across an 11-kilometre section of the road between Halls Gap and Reed Picnic Area (adjacent to turn-off to Reed Lookout).

When to expect us

Our crews will be working from Monday **8 February to Friday 12 February 2021**, weather permitting.

How will these works impact you?

This section of **Mt Victory Road will be closed to traffic at all times** during these works. Only emergency service vehicle access will be maintained.

The road needs to be closed due to the volume of heavy vehicles that require clear access along the route, helping us to safely and efficiently complete the reseal works.

Access to some parts of the Grampians National Park will be limited while the road is closed. The main sites impacted by the road closure are:

- Wonderland Carpark
- Sundial Carpark
- Boroka Lookout
- Mt Rosea Carpark
- Stony Creek Camp
- MacKenzie Falls (from Halls Gap)
- Zumsteins (from Halls Gap)



Bush walks from Halls Gap to lookouts at Wonderland Carpark must be completed on foot during this time, as the road closure prevents vehicles from being dropped off at midway points.

An alternative route between Halls Gap and Wartook, MacKenzie Falls and Zumsteins is available by using Mt Zero Road to Roses Gap and back along Roses Gap Road.

During works, heavy vehicles will be travelling through the Halls Gap township, predominantly between Mt Victory Road and Grampians Road to the north side of Halls Gap, and using the parking area adjacent to the Grampians Road-Mt Zero Road intersection as a collection point for materials.

We appreciate your patience while we work to improve Mt Victory Road.

For more information, visit regionalroads.vic.gov.au and search for 'Mt Victory Road', or call the RRV hotline on

133 778.





The 2020 Grampians Petanque Club Annual General Meeting (AGM) will be held @ 2:00pm 28th February 2021 at the Moyston Clubrooms, the AGM will be followed by a quick general meeting.

The AGM agenda will be:

1. Election of Office Bearers for the remainder of 2021 (see motion below).

The following Motion "The elected Office Bearers for 2021 remain in their positions until the 2022 AGM", Moved G Bovell, be considered.

This is being proposed as the 2021 Committee will only hold their positions for four months, as the 2021 AGM was delayed due to Covid restrictions.

2. Any other items pertinent to the AGM (any items for consideration are to be forwarded to the Secretary two weeks prior to the 28th Feb).

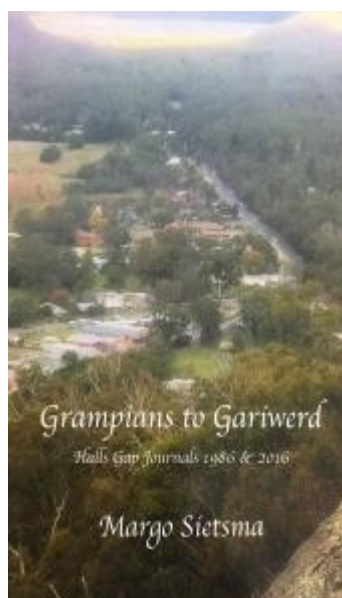
Glenn Bovell

Secretary, Grampians Petanque Club

GRAMPIANS TO GARIWERD: HALLS GAP JOURNALS 1986 AND 2016

Have you got your copy of Grampians to Gariwerd: Halls Gap Journals 1986 and 2016. Read more about our local author Margo Sietsma's book in the November 2020 edition of Fill The Gap. It's for sale in Halls Gap and Pomonal for \$25.

Margo is happy to autograph your copy.



Australian Plants Society (Victoria)
Promoting the Appreciation and Preservation of Australian Plants

Australian Plants Society Grampians Group are looking for new members. The Committee is working on an interesting and informative program for 2021. For more information email: grampians@apsvic.org.au or check out our FB page.

Andrea Shelley

Secretary

GrampianArts

Grampians Texture that was due to run in March has been cancelled, because of the uncertainties with state borders and Covid restrictions. The date for 2021 is: 19 – 24 March 2021. We are planning to run Grampians Brushes 11 – 16 September 2020 and will be releasing the program for that after Easter.

For more information:

textures@grampianarts.com.au / 0428825971

Marion Matthews

Coordinator



when your boss asks for
proof you're in hospital



What did the
BABY CORN
say to the
MAMA CORN ?
*Where's
POpcorn!*



**WHY DON'T SOME
COUPLES GO TO THE
GYM?**

**BECAUSE SOME
RELATIONSHIPS
DON'T WORK OUT.**



HALLS GAP POLICE

G'day everyone,

As a part of our Engage Vic Strategy, Victoria Police are running a community survey in the Ararat, Northern Grampians and Yarriambiack Police service areas. The survey is open from Monday 1st of February, 2021 until Monday the 15th of March, 2021

We really value community feedback on what you see are our local issues or safety concerns and welcome any ideas of how your local police can better

support our great community.

The survey can be accessed via the QR code in the attached flier and will only take a few minutes to complete.

If you wish to complete a paper copy of the survey please email me karen.bain@police.vic.gov.au and I'll forward you a copy.

You'll notice the fliers have been placed in shop windows around town and outside the police station for your use.

We strongly encourage you to take the time to complete the survey.

It'll give our community the chance to have your voices heard and assist your local police in providing the best service possible regarding public safety issues.

Thanks very much

Sergeant Kaz Bain

Giving residents a greater voice.



Victoria Police is providing an opportunity for residents and business owners of the Ararat, Northern Grampians and Yarriambiack communities to advise police about any safety concerns or ideas, and provide feedback in regards to trust and confidence in local police.



SURVEY OPENS:
1 FEBRUARY, 2021
SURVEY CLOSES:
15 MARCH, 2021

The survey will only take a few minutes of your time to complete and is designed to help police address concerns and better support the community.

Visit the below link or scan the QR code to complete the survey:

 engage.vic.gov.au/victoria-police-northern-grampians-safety-survey



VICTORIA POLICE



You can also help police solve crime and keep up to date with the latest news by following our Eyewatch page: facebook.com/eyewatchnortherngrampians



Please do not report crime via the survey. If you would like to report a non-urgent crime, please contact the Police Assistance Line on 131 444. For immediate police attendance, call Triple Zero (000).

Vitamin D

Consumer guide



The role of vitamin D

Vitamin D plays an essential role in bone health. By improving the absorption of bone-building calcium from the intestine, vitamin D is important to the growth and maintenance of a strong skeleton. Vitamin D also helps to control calcium levels in the blood and maintain muscle strength.

Vitamin D and sunshine

For most Australians, sunshine is the main source of vitamin D. Vitamin D is produced when our skin is exposed to ultraviolet B (UVB) light emitted by the sun. The amount of sun exposure required to produce adequate levels vitamin D is relatively low. However, many Australians do not have adequate vitamin D levels, especially during winter. Required sun exposure times will vary based on season, location, area of skin exposed and skin type. In summer, exposure is best at mid morning or mid afternoon (outside peak UV times). In winter, longer exposure times are needed, preferably around midday.

It is important to balance the need for sun exposure to produce adequate vitamin D, at the same time avoiding the risk of skin

damage from too much exposure. When the UV index is above 3 (all states during summer and some states in the winter months), you should use sun protection measures (hat, sunscreen, clothing, sunglasses and staying in the shade) if you are outdoors for more than a few minutes. In summer, most Australian adults will maintain adequate vitamin D levels during typical day to day outdoor activities. Sun protection isn't needed in autumn or winter in states where the UV index is below 3 for most of the day. For more information about UV index where you live, see the website of Cancer Council Australia.

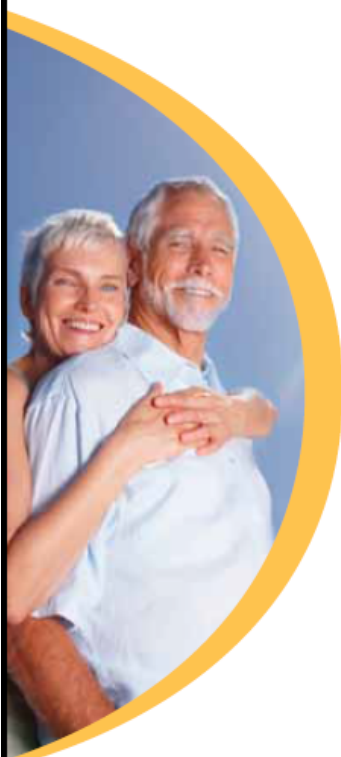
The table below shows average UV index levels by month for Australian capital cities. The white boxes identify the months where sun protection is not required by most people.

UV index in Australian cities (average each month)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Darwin	12	12	12	11	9	8	8	10	11	12	12	12
Brisbane	11	11	9	6	4	3	4	5	7	8	10	11
Perth	11	11	8	5	3	2	3	4	6	8	9	11
Sydney	10	9	7	5	3	2	2	3	5	7	8	10
Canberra	10	7	6	4	2	1	2	3	5	6	8	10
Adelaide	11	10	7	5	3	2	2	3	5	7	9	10
Melbourne	10	9	7	4	2	1	1	2	4	6	8	9
Hobart	8	7	4	3	1	1	1	2	3	4	6	7

UV levels remain below 3

Table adapted from Gies P, Roy C, Javorniczky J, et al. Photochemistry and photobiology, 2004; 79:32-39

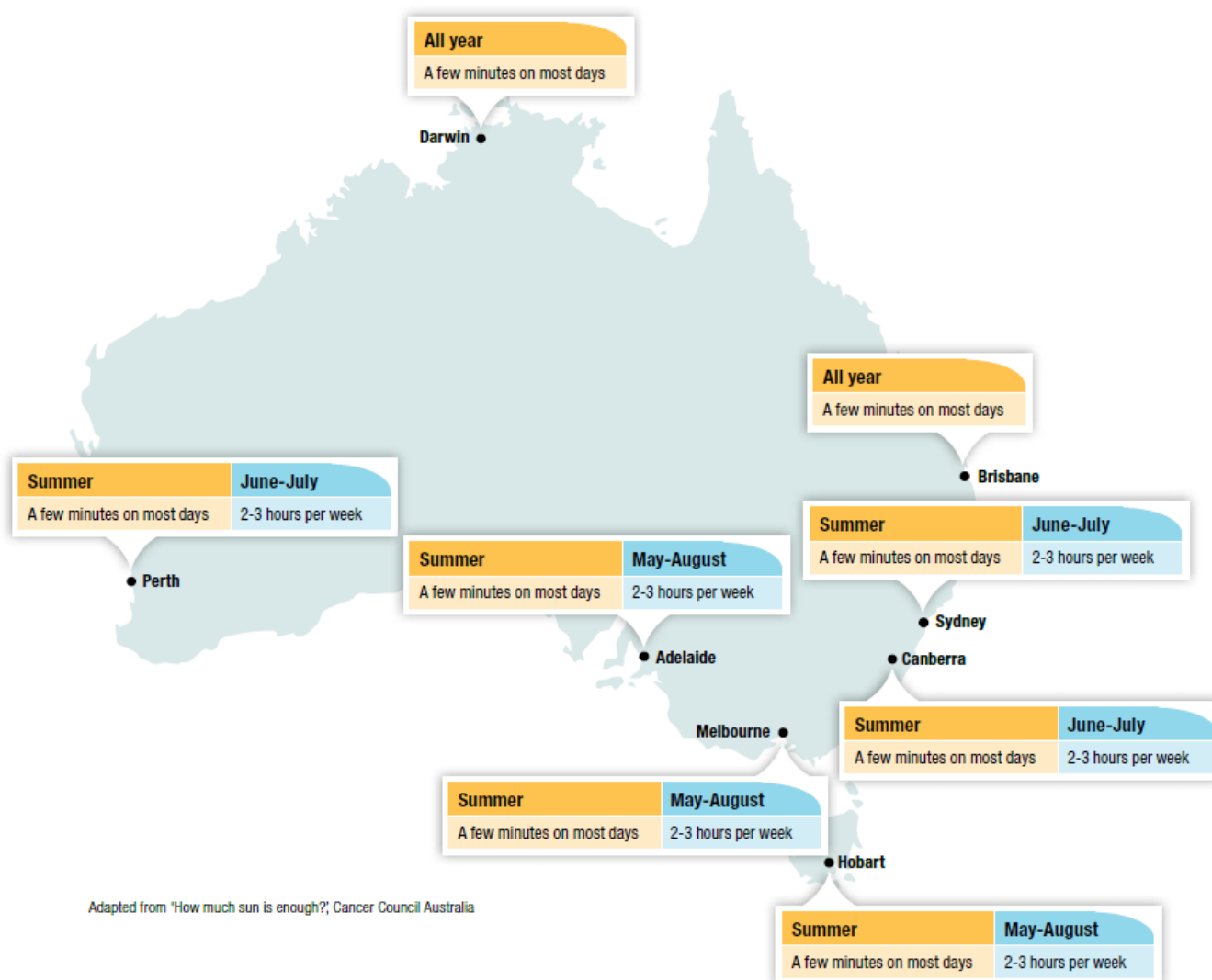


For more information call our national toll-free number 1800 242 141
Visit our website www.osteoporosis.org.au



osteoporosis australia

Recommended sun exposure for vitamin D based on location

**Useful to know:**

There is minimal transmission of UVB radiation through normal clear windows, so sun exposure should be outdoors.

For more information about Vitamin D check out the Osteoporosis Australia website www.osteoporosis.org.au or call toll free 1800 242 141.



HALLS GAP PRIMARY SCHOOL



Halls Gap Primary School welcomes back to the 2021 year all staff, students, parents, carers and the community. We welcome two new teachers and a new Acting Principal whom are all excited to be here in the Gap surrounded by the beautiful nature and community. We have 6 new preps starting with a total of 44 students in the school. We have lots of exciting things planned for the term and look forward in sharing our adventures and learning soon.

Kind Regards

Natalie



Wayne (Prep – 2 teacher) , Caren (Teacher's Aide) , Helen (Business Manager), Natalie (Acting Principal), Chris (5-6 teacher) and Riley (3-4 teacher)

20-22 Grampians Road, Halls Gap 3381 PH: 03 53564751

www.budjabudjacoop.org.au



February 2021	March 2021	April 2021
<u>Dr Amanda Gibbons</u> 9 th , 10 th , 11 th , 12 th 15 th , 16 th , 17 th , 19 th 23 rd , 24 th , 25 th , 26 th <u>Dr Greg Malcher</u> 10 th , 11 th , 12 th <u>Nurse Only clinic</u> (No doctor Available) Monday 8 th Monday 22 nd	<u>Dr Amanda Gibbons</u> 1 st , 2 nd , 3 rd , 4 th , 5 th 9 th , 10 th , 11 th , 12 th 15 th , 16 th , 17 th , 18 th , 19 th 23 rd , 24 th , 25 th , 26 th 29 th , 30 th , 31 st <u>Dr Rebecca Bassett</u> 10 th , 11 th , 12 th 15 th 25 th , 26 th <u>Public Holiday</u> Monday 8 th Closed <u>Clinic closed</u> Monday 22 nd	<u>Dr Amanda Gibbons</u> 1 st 6 th , 7 th , 8 th , 9 th 12 th , 13 th , 14 th , 15 th , 16 th 20 th , 21 st , 22 nd , 23 rd 26 th , 27 th , 28 th , 29 th , 30 th <u>Dr Rebecca Bassett</u> 7 th , 8 th , 9 th 12 th , 13 th , 14 th <u>Public Holiday</u> Friday 2 nd Closed Monday 5 th Closed <u>Clinic closed</u> Monday 19 th

February is Ovarian Cancer Awareness Month

Each year in Australia, over 1500 women will be diagnosed with ovarian cancer and over 1000 will die from the disease. There is no effective screening program for ovarian cancer, so the best way of detecting the disease is to know the signs and symptoms. And talk to your GP



IT'S TIME FOR OVARY-ACTION  OVARIAN CANCER AUSTRALIA

DO NOT ATTEND if you have recently been overseas, come from a recognised Hot spot, been in contact with a known case of COVID -19 or experiencing any cold, fever or respiratory infection symptoms even if mild. Call for a Telehealth appointment

HALLS GAP MARKET



The **Halls Gap Market** was established in 1997 and is proudly brought to you by the Halls Gap Primary School. Located at the base of the Wonderland Range (Grampians) in the magical Halls Gap Primary School

grounds, this truly unique market is a must.

The **Halls Gap Market** is an outdoor market and boasts a range of high quality stalls offering arts, crafts, fresh produce, plants, fine food, coffee and more. School parents serve hot and cold refreshments along with a barbecue featuring delicious egg and bacon rolls. All proceeds go to the Halls Gap Primary School. Check the website for information on becoming a stall holder: - <http://www.hgps.vic.edu.au/craft.html>

The Market Dates for 2021 are:

Labour Day Weekend- Sunday 7th March

Easter Sunday - 4th April

Queen's Birthday Weekend - Sunday 13th June

Melbourne Cup Weekend - Sunday 31st October

POMONAL VILLAGE MARKET

The Pomonal Village Markets are normally held on the Last Sunday of every month (see below for other dates) from 9am til 1pm at the Pomonal Community Hall Ararat-Halls Gap Road, Pomonal

2021

3rd January	25th July
31st January	29th August
28th February	26th September
28th March	2nd & 3rd October
18th April	31st October
30th May	28th November
27th June	19th December

All site enquiries: Alison Bainbridge
Market Coordinator on 0417 883 445
All proceeds to Pomonal Community

Are You Stuck in the Bush?

Call Glenn on **0419 802 846**

Or 0424 619 355...Leave a message if no answer.

Take a photo of this flyer.



On-Board Recovery Equipment

- | | |
|--------------------------|-----------------------|
| Winches – Front and Rear | Hi-Lift Jack |
| Snatch Straps | Tree Trunk Protectors |
| Winch Extension Straps | Bow Shackles |
| Snatch Blocks | Soft Shackles |
| Shovel | Rated Recovery Points |
| Air Compressor | Chainsaw |
| UHF Radio Ch 20 | GPS Assistance |
| Fridge | Local Knowledge |

WHEN YOU NEED US, BUT NOT THE SIRENS

POLICE VICTORIA 131 444

There are more ways to contact police with the new Police Assistance Line and Online Reporting platform.

Report Males, bicycles, property taken from car or other items

Report personal property lost in Victoria

Report damage to your property, including graffiti

Register your party

Inform police when you are away from your home

Call 131 444 or visit police.vic.gov.au



Halls Gap is a Cat Free Zone

FILL THE GAP COMMITTEE

Abbie, Lee-Anne, Margo and Alison

Please email your articles and photos to us
by the 25th of each month to:

neighbourhood.house@budjabudjacoop.org.au

Upload your community events details to
the Community Association webpage:

www.hallsgapcommunity.org.au

Like our **Halls Gap Community Association**
Facebook Page and/or **Halls Gap Community**
Watch and Events Facebook Pages.



To keep up to date with what is happening in
Pomonal like **Pomonal Community Connections**
Facebook page and/or **Pomonal info &**
resources sharing Facebook Pages



Fill The Gap newsletter acknowledges Aboriginal
and Torres Strait Islander Peoples as the first
Australians.

We acknowledges the diversity of Indigenous
Australia.

We respectfully recognise Elders past, present
and emerging.

This newsletter was produced on Djab Wurrung
country.



Regular Events

- * **Chas Mangle** Justice of the Peace is available for witnessing documents in the Halls Gap Newsagency from 7am - 10am daily except Tuesdays Ph. 0439 837 052
- * **Peter Hilbig** is also a Justice of the Peace and can undertake JP responsibilities by appointment. Email peter@hilbig.id.au or telephone 0437 524 716.
- * Due to the Current coronavirus situation the **History Room** will be closed until further notice. Check out Chas's postings on Facebook
- * **Budja Budja Neighbourhood House** - check the program at the house and online
- * Various sport/fitness groups. Check the community website for details