

Issue: August 2021

# FILL THE GAP

Produced by the Community Association  
& Budja Budja Neighbourhood House.

Articles for September FTG need to be received by the 25th August 2021. See page 17 for details

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## WRAP UP...

Another month, another lockdown... When it seems like ground hog day it is good that Fill the Gap is here to brighten your day.

Enjoy the articles on our newest pop up park, a few jokes to make you smile.

Check out the Zoom sessions Budja Budja Neighbourhood House is offering during lockdown.

There are some interesting events happening later in 2021 including the official opening of the Pomonal Men's shed, memorial service at Pomonal church, Grampians Brushes and the revamped Pomonal Arts Trail.

Stay safe and warm during the last month of winter. The spring birds, flowers and warmer weather is just around the corner.

## STATS BY CHAS...

July 2021 - Rainfall by Chas:

203.5 mm for July bringing the progressive total for 2021 to 768.5 mm

This compares to the same period last year of 39.5 mm with a progressive total of 523 mm.

As of the 28th of July Lake Bellfield is holding 53,520ML or 68% full compared to the same period last year of 49,020ML or 62% full.

The total system is holding 196,580ML or 35.08% full compared to the same period last year of 177,930ML or 31.76% full.

Mount William received 276.6mm for July 2021. The highest temperature of 10.7 C was recorded on the 9th of July and the lowest of -2.7 C was recorded on the 25th of July. The highest wind speed of 106 km/h was recorded on the 27th of July 2021.

## FROM THE GARIWERD SIX SEASONS CALENDAR



larneuk

season of nesting birds - early spring  
(late july to late august)

**Nesting Birds and Changeable Weather**  
Early-spring (season of nesting birds or larneuk) is usually the wettest time of the year with rivers running high. It is a time of dramatic weather changes, with up to six seasons in one day.



Census

## COUNTDOWN



## TO CENSUS

More info on page 3



There's quite a bit to report this time.

We have quite a few new plants, grass trees, Bauera and Thryptomene. They all seem to be loving this damp weather, as do the weeds unfortunately. But the weather has not been kind to our working bees which continue to be held on the second and fourth Fridays each month. Start at 9.30ish, come when you wish, leave when you have had enough. Anyone welcome. But some

of us will be there on any sunny days so you can give me a call if you feel like coming down to help. 0429 201 139.

A couple of weeks ago I was asked to give a talk on our garden via zoom to the Botanical Gardens of Australia and New Zealand association. I was one of eight speakers, all from gardens which had received grants from DELWP (Dept of Environment etc.). I had only a few minutes but I was able to talk about what we applied for, what we got and what was special about our garden. It seemed to go OK. It was also interesting hearing from the other gardens, and there were some ideas we might follow up on.

Meanwhile the spending of that grant proceeds slowly. We have our toilet, available to volunteers and to groups who have booked a session in the garden. We have made some progress on a building permit for the new shed, we have started work on new signage on indigenous use of plants, but no start yet on upgrading the watering system.

It's been good to have some groups in the garden. Friends of Grampians Gariwerd came looking at, and recording our fungi, and the Pomonal APS group came a bit earlier to look at what we are growing.

We actually have quite a bit in flower at the moment so do come down and have a look. And check out our Facebook page.



We have finally received approval from the Shire for both a planning permit and a building permit to erect the new shed. Progress now will depend on the builders and the conditions after all the wet weather we have had. Work is also being done on the development of the signage regarding traditional Aboriginal use of native plants.

Margo Sietsma & David Witham







We had a beautiful day for our July activity which was a walk at Moora Moora in the Victoria valley. Our next activity is doing a piece of the GPT, waterfall walks. Neil Marriot will show us some of the wonder flora. We meet at Troopers creek campground at 10 am on Saturday 14th August.

Sign in on ParkConnect or contact Alison Bainbridge on 0417 883 445



Moora Moora Reservoir - Keith Ward FB

**JOKE OF THE  
DAY-BUMPER  
STICKER ON A  
SENIOR'S CAR "I AM  
SPEEDING BECAUSE  
I HAVE TO GET  
THERE BEFORE I  
FORGET WHERE I AM  
GOING"**



# Census

Every five years, the Australian Bureau of Statistics counts every person and household in Australia. We call this the Census of Population and Housing. The Census is the most comprehensive snapshot of the country and tells the story of how we are changing. It includes around 10 million households and over 25 million people. Census data tells us about the economic, social and cultural make-up of the country.

**Census night is on  
Tuesday 10 August 2021**

In late July, paper forms will be delivered to households in some rural and regional areas.

By early August, households will receive instructions on how to take part.

This year you can complete your Census as soon as you receive your instructions, if you know who will be home on Census night. This is different to past years when you had to fill in your form on Census night.

Information on the Australian Census 10th August 2021

see website for details

<https://www.census.abs.gov.au>



'Our Story. Our Future.' was created by proud Wiradjuri, Wotjobaluk, Yuin and Gumbaynggirr artist Luke Penrith and Maluililgal people, Badu Island artist Naseli Tamwoy.



Northern Grampians Shire Council has implemented two "Pop Up Parks" in Halls Gap and Stawell that will provide new spaces for locals and tourists to gather in the shire. The Victorian Government provided \$250,000 to Council through the Local Councils Outdoor Eating and Entertainment Package for the development of these parks.

The parks are located at 71-75 Main Street, Stawell and 99 Grampians Road, Halls Gap.

The Stawell pop up park is a joint project with Stawell Regional Health who have temporarily provided a portion of their carpark for the purpose. An anonymous philanthropist has provided the land for the Halls Gap park on a short term basis.

Both parks are conveniently located on the main shopping strips in Halls Gap and Stawell to encourage locals and tourists to rest a while in the towns and visit traders to stimulate the local economy.

With a capacity of 30 people seated or 100 people standing, they are large enough to host small events. The Halls Gap park layout suggests potential for hosting a small music gig, cinema night, pop up art shows or other community led events with council permission.

The parks were designed by Felicity Brown of Laimiga. Mrs Brown is a local landscape designer and sensory garden specialist.

The design brief for the parks specified that they must be wheelchair and pram accessible and provide an inclusive environment that encourages the community to gather in a CovidSafe manner outdoors. They include refectory style dining furniture, large, market-style umbrellas and sensory gardens.

Dementia supportive elements have been incorporated into the landscape design of the Stawell park to boost cognitive functioning through the triggering of memories from the heritage and sensory planting choices.

With a focus on waste minimisation, the parks have been built from upcycled and recyclable natural materials with an emphasis on incorporating the natural environment such as the raised earthen stage for events at Halls Gap. Council staff were involved in the fabrication of the planter boxes, furniture and plantings.

A mural has been incorporated into the design of each park.

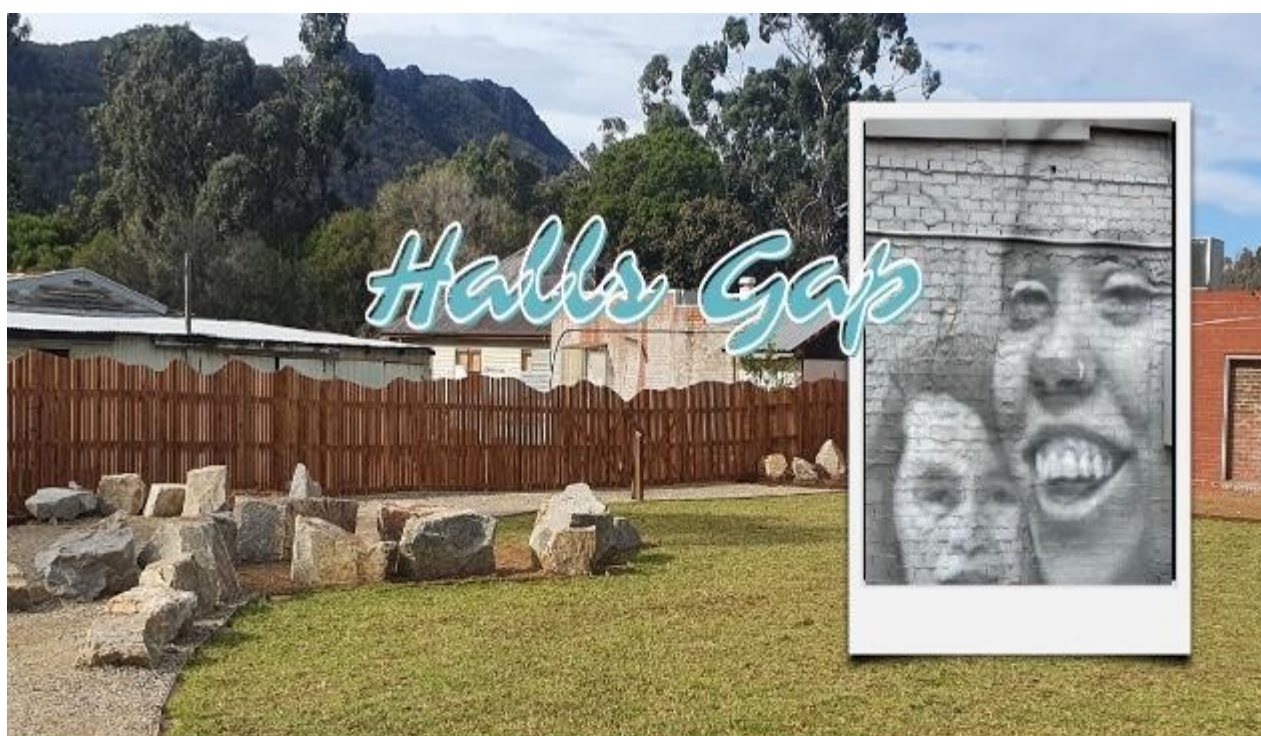
St Arnaud artist Kyle Torney, renowned for his realistic portraiture murals on silos and town walls is currently painting the Halls Gap mural. The mural features local Aboriginal youth and emerging leaders; Tanisha, Kira, Jaala, Kelanee, Wilari and Ace.

Wimmera artist Nichola Clarke, known for her community art projects and upcycling sculptures, is working on the Stawell park mural. She worked with students from Skene Street Specialist School who provided drawings to Mrs Clarke to incorporate into the mural. To meet the brief of dementia friendly art, Nichola has designed the mural to feel like an "I Spy" challenge.

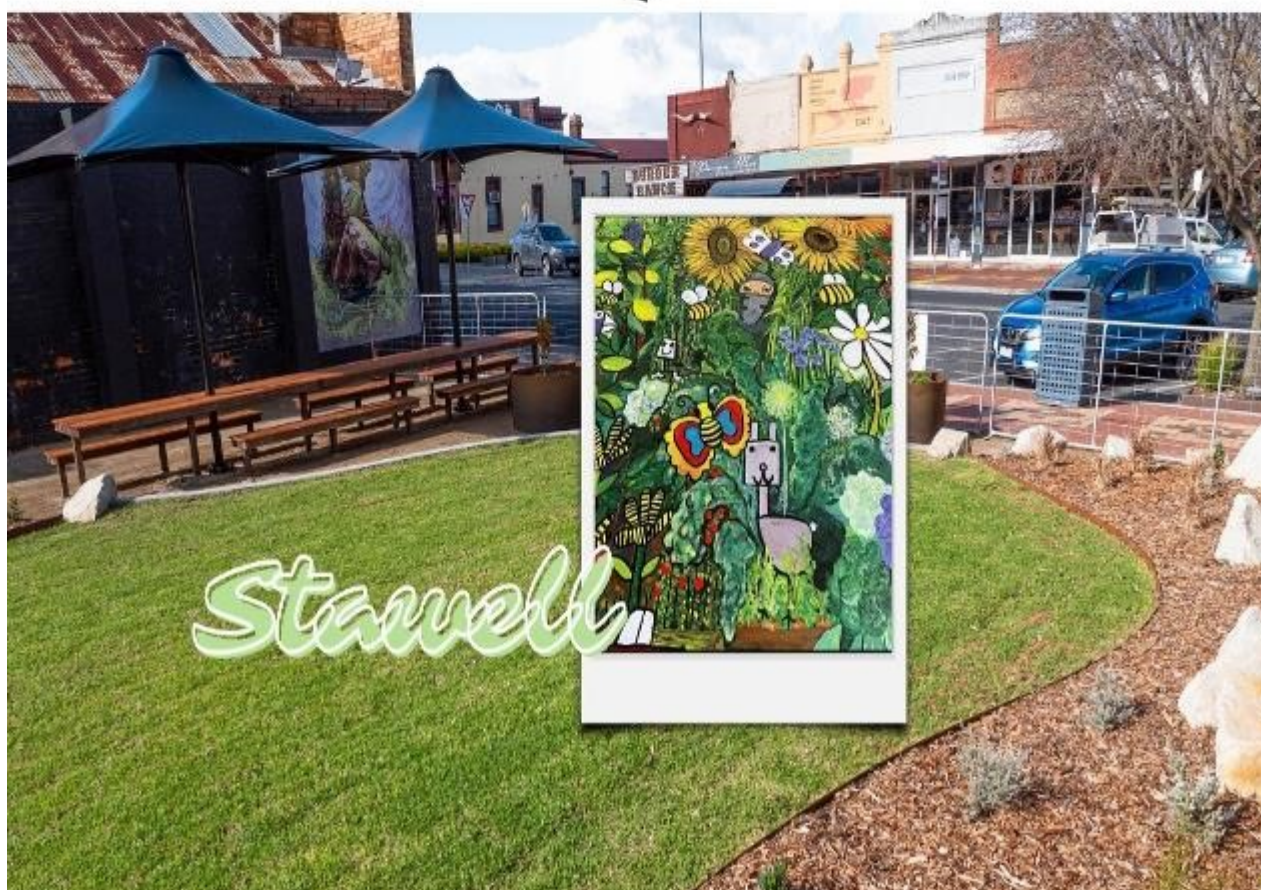
Lisa Whyte  
COVID-19 Recovery Co-Ordinator  
Email: [lisa.whyte@ngshire.vic.gov.au](mailto:lisa.whyte@ngshire.vic.gov.au)  
PO Box 580, Stawell, VIC, 3380  
Phone: 03 5358 0506  
[www.ngshire.vic.gov.au](http://www.ngshire.vic.gov.au)







# Pop Up Parks





## Eating in the 50s

1. Pasta was not eaten
2. Curry was a surname.
3. A takeaway was a mathematical problem.
4. A pizza was something to do with a leaning tower.
5. Crisps were plain; the only choice we had was whether to put the salt on or not.
6. Rice was only eaten as a milk pudding.
7. A Big Mac was what we wore when it was raining.
8. Brown bread was something only poor people ate.
9. Oil was for lubricating, fat was for cooking.
10. Tea was made in a teapot using tea leaves and never green.
11. Sugar enjoyed a good press in those days, and was regarded as being white gold. Cubed sugar was regarded as posh.
12. Fish didn't have fingers.
13. Eating raw fish was called poverty, not sushi.
14. None of us had ever heard of yoghurt.
15. Healthy food consisted of anything edible.
16. People who didn't peel potatoes were regarded as lazy.
17. Indian restaurants were only found in India.
18. Cooking outside was called camping.
19. Seaweed was not a recognised food.
20. "Kebab" was not even a word, never mind a food.
21. Prunes were medicinal.
22. Surprisingly, muesli was readily available, it was called cattle feed.
23. Water came out of the tap. If someone had suggested bottling it and charging more than petrol for it, they would have become a laughing stock!
24. And the things that we never ever had on our table in the 50s and 60s: elbows or phones!

shared by silversurfers.com

## JOKES 🤔

**When I give you my phone to see a photo 🙄**



**It means  
Don't swipe left  
Don't swipe right  
Just see the photo and  
give my phone back 🙄**

## CHANGE OF HANDS

D'Altons Studios changed hands on 1st July 2021.

David & Anne have retired from the business.

Kind regards

D'Altons  
Studios

Ngaire  
Stevenson



## POMONAL ART TRAIL

New dates! 26th November – 12th December 2021

Celebrating 30 years of the Pomonal Art Show! Rejigged!!!

The Pomonal Art Trail is the new format of the old Pomonal Art Show and will be held over two weeks starting end of November until mid-December. This community event will see local artists display their work at 11 local businesses in the Grampians to raise funds for Pomonal Primary School. As part of the Art Trail, Pomonal Primary School will host an auction night, school concert, festival day and much more!!!



Follow us on Facebook:

<https://www.facebook.com/PomonalArtTrail/>



*Celebrating  
30yrs*

# POMONAL ART TRAIL 2021

Art Show  
Rejigged!!

All donations go to Pomonal Primary School Kids  
**Fri 26th Nov - Sun 12th Dec**

Located at 11 Local Businesses in the Grampians....

**FRIDAY 26th NOV 6.30pm**

**OPENING | AUCTION NIGHT** - at *Barney's Bistro* | \$5 entry | Kids Free (U/15yr)  
Drinks at Bar Prices | Menu available to purchase your meals.

**SATURDAY 4th DEC 2pm**

**OPEN DAY | KIDS ART | SCHOOL CONCERT | BURYING OF TIME CAPSULE**  
- at *Pomonal Primary School* | BBQ | Kids performance | & heaps more....

**SUNDAY 12th DEC 11am - 5pm**

**CLOSING | FESTIVAL DAY** - at *Pomonal Estate* | Live Music | Local Produce  
Market | School BBQ | Kids Activities | Santa | & heaps more....



Follow us: [facebook.com/pomonalartshow](https://facebook.com/pomonalartshow) for full details & locations of art displays.  
#supportlocal #thegrampiansway | Donations kindly accepted.



### Activities Update – 31st July 2021

July has once again been a very positive and productive month for the Pomonal Men's Shed to spite the lockdown closures due to Covid 19.

We have continued working on fitting out the shed with the commencement of building the workshop bench and have almost finished putting the kitchen area together for the tradies to finish up their works.

We purchased a dishwasher and microwave oven for the kitchen and Chris Huggins has kindly donated a toasting oven, so with our fridge/freezer in place the kitchen area will be fully functional very soon.

We have received our Street Trader permits and will be doing a sausage sizzle at the Pomonal Market on the last Sunday of each month as a fundraising/advertising venture.

We have started to plan our official opening for early September.

The Australian Men's Shed Association has sent us a "Spanner in the works" package with some fantastic mental health resources and shed stuff in it. This will be the beginning of our men's health resource section planned for the shed.

Spirits and comradery are running high as usual as we welcome new members and continue together side by side, and of course solve the worlds problems weekly over a cuppa and biscuit.

Russ Kellett

Secretary

Pomonal Men's Shed  
3360 Ararat Hall Gap Road, Pomonal.  
Victoria 3381  
[pomonalmensshed@gmail.com](mailto:pomonalmensshed@gmail.com)



In this issue, we will cover:

- Mattress recycling
- NGSC 12 month waste statistics
- E-waste Single Plastic Ban
- Recycling Directories

Don't forget to check out the waste fact and upcycling idea!

Wanting the full newsletter

<https://www.ngshire.vic.gov.au/Council-Services/Bins-recycling-and-waste/Wonders-of-Waste-newsletter>

To subscribe: [waste@ngshire.vic.gov.au](mailto:waste@ngshire.vic.gov.au)

### Pomonal Uniting Church

There will be a memorial service at Pomonal Uniting Church to remember local people we have lost over the last 2 years. The date is yet to be decided.

For more information contact Rev Susan Pearse on 5358 1161







Neighbourhood House had a busy July even through lockdown. We were able to celebrate NAIDOC week with the Community with a walk from Budja Budja to Halls Gap Centenary Hall. A beautiful sunny winters day for this event.

We were also able to run School Holiday Program and our regular gentle exercise, craft afternoons on Thursday and Tai Chi and commenced Indoor Bowls at the Hall on a Friday.



First Aid for 9th August has been postponed to 23rd August 2021 due to covid restrictions and is **fully booked**.

We still have two more sessions planned for 2021. Monday 4th October and Monday 6th December 2021. Call BBNH to secure your place.



Did you know that BBNH receives food from Foodbank once a month. If you or someone you know is in need of some vegies and fruit contact Lee-Anne or Alison on 5356 4751 and press option 3.



**STOP PRESS:** Due to covid restrictions the Budja Budja Neighbourhood House will be closed until the restrictions are lifted. If you need support during this time please contact Alison on 0417 883 445

**We will be running zoom sessions:**

Tues 10th @ 1.30pm Gentle Exercise

Thurs 12th @ 10am Tai Chi

Thurs 12th @ 1pm Meet N Make

If you are interested in joining us call Alison on the above number and she will send you the links.



**Some  
School  
Holiday**

20-22 Grampians Road, Halls Gap 3381 PH: 03 53564751

[www.budjabudjacoop.org.au](http://www.budjabudjacoop.org.au)



August	September
<b><u>Dr Sareetaa Vijayan</u></b> Tuesday 3 <sup>rd</sup> August - Friday 20 <sup>th</sup> August	<b><u>DR Christine Harvey</u></b> Wednesday 1 <sup>st</sup> September – Friday 10 September
<b><u>Dr Rachelle Bassett</u></b> Wednesday 25 <sup>th</sup> August - Friday 27 <sup>th</sup> August	<b><u>TBA</u></b> Monday 13 <sup>th</sup> – Friday 17 <sup>th</sup>
<b><u>DR Christine Harvey</u></b> Monday 30 <sup>th</sup> August – Tuesday 31 <sup>st</sup> August	<b><u>DR Terrance Heng</u></b> Tuesday 21 <sup>st</sup> September – Friday 30 <sup>th</sup> September
<b><u>Nurse clinic</u></b> August Monday 2 <sup>nd</sup> Pathology only NO GP	<b><u>Nurse clinic</u></b> September Monday 20 <sup>th</sup> Pathology only NO GP
<b><u>Closed Weekends</u></b>	<b><u>Closed Weekends and Public Holidays</u></b>

# Scripts

To obtain a script you must see a GP

**You are responsible for your own scripts**

If on regular medications, check with your Pharmacist if you need a new script and make an appointment to see your GP.

Make an appointment at least 1 week prior to your medications running out.

**DO NOT ATTEND** if you have recently been overseas, come from a recognised Hot spot, been in contact with a known case of COVID -19 or experiencing any cold, fever or respiratory infection symptoms even if mild.

Call for reception 53564751 for a Telehealth appointment.





## HALLS GAP POLICE

Halls Gap police have had a few incidents in the last few weeks involving attempted breaks ins to vehicles and the theft of a couple of number plates.

Can we remind residents to always lock their vehicles when away from them and don't leave valuable items inside, such as wallets, phones or even small change, as this is an enticement for anyone looking at breaking into vehicles. This should also apply to your house....If your not home, make sure you lock up. If you see anybody who appears to be loitering around, please call us or 000 at the earliest opportunity, preferably at the time you see it. We're always happy to help.



Christmas in July 🌨️  
Halls Gap on Sunday driving along Mt Difficult Rd to Boroka Lookout



## COVID-19 (Coronavirus)

# Home isolating? You're not alone.

If you or someone you know is self-isolating we can help you.  
**Grampians Community Health Home Isolation Support Service** can provide the support you need.

Contact Grampians Community Health for assistance.

**Phone: 5358 7400**

**Email:** [home.isolation@gch.org.au](mailto:home.isolation@gch.org.au)

**Availability:** Monday to Friday 9am to 5pm

**Grampians Community Health**  
For you, your family & our community  
[www.gch.org.au](http://www.gch.org.au) - 03 5358 7400

## NGS COVID-19 Weekly Vaccination Information

1. <https://tinyurl.com/ngscovid19vaccination>

Note this link will always show the most up to date version of the newsletter (updated weekly)

Use or print the below QR code (links to the online URL above)



For support please email  
[ada.castle@gch.org.au](mailto:ada.castle@gch.org.au)



## As a resident of Northern Grampians Shire where can I get the free COVID-19 vaccination?

People aged 60 and over will receive the AstraZeneca vaccine. Those under 60 will receive the Pfizer vaccine. People under 40 must meet eligibility criteria.

**Stawell Regional Health** 

5358 6550 [www.srh.org.au](http://www.srh.org.au)

**Patrick Street Family Practice Stawell** 

5358 7555 [www.psfamprac.com.au](http://www.psfamprac.com.au)

**St Arnaud Medical Centre**

5495 1766

**East Wimmera Health Service pop up clinics** 

5477 2100 [www.ewhs.org.au](http://www.ewhs.org.au)



Please contact your preferred provider to book an appointment. Call the Victorian vaccination hotline for more information and eligibility on **1800 675 398** or visit [www.coronavirus.vic.gov.au](http://www.coronavirus.vic.gov.au)





The Grampians Film Society evenings are held from January to November in either Halls Gap, Pomonal or Stawell.

The doors open at 7pm and screenings commence at 7.30pm. Drinks and nibbles are served prior to the film and a light supper is served afterwards.

Membership is only \$45 annually or \$25 half-year.

For more information contact Alison Bainbridge 0417 883 445

Come along and enjoy viewing, being entertained and discussing the merits of films we screen. We endeavour to cater for a variety of tastes as well as have a fun social night.

◆ ◆ ◆  
**Wednesday 25th August 2021**

◆ ◆ ◆  
Centenary Hall, 117 Grampians Road, Halls Gap

In 1946 a London-based writer begins exchanging letters with residents on the island of Guernsey, which was German-occupied during WWII. Feeling compelled to visit the island, she starts to get a picture of what it was like during the occupation.



The Grampians Film Society was unable to run its July screening of “**The Guernsey Literary & Potato Peel Pie Society.**” So we are going to give it another go in August. I hope to see as many as possible for this beautiful film. If you are interested in joining or getting on our email list please call/text Alison on 0417 883 445.

I have also put our September offer - “**Crazy Rich Asians**”. This is a film I have not seen and cannot wait to watch.

Alison



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◆ ◆ ◆  
**Wednesday 22 September 2021**

◆ ◆ ◆  
Centenary Hall, 117 Grampians Road, Halls Gap

Rachel, a professor, dates a man named Nick and looks forward to meeting his family. However, she is shaken up when she learns that Nick belongs to one of the richest families in the country.



## HALLS GAP MARKET



The **Halls Gap Market** was established in 1997 and is proudly brought to you by the Halls Gap Primary School. Located at the base of the Wonderland Range (Grampians) in the magical Halls Gap Primary School

grounds, this truly unique market is a must.

The **Halls Gap Market** is an outdoor market and boasts a range of high quality stalls offering arts, crafts, fresh produce, plants, fine food, coffee and more. School parents serve hot and cold refreshments along with a barbecue featuring delicious egg and bacon rolls. All proceeds go to the Halls Gap Primary School. Check the website for information on becoming a stall holder: - <http://www.hgps.vic.edu.au/craft.html>

### Market Dates for 2021:

Melbourne Cup Weekend - Sunday 31st October

### Market Dates for 2022:

Labour Day Weekend- Sunday 13th March

Easter Sunday - 17th April

Queen's Birthday Weekend - Sunday 12th June

## Are You Stuck in the Bush?

Call Glenn on **0419 802 846**

Or 0424 619 355...Leave a message if no answer.

Take a photo of this flyer.



### On-Board Recovery Equipment

- |                          |                       |
|--------------------------|-----------------------|
| Winches – Front and Rear | Hi-Lift Jack          |
| Snatch Straps            | Tree Trunk Protectors |
| Winch Extension Straps   | Bow Shackles          |
| Snatch Blocks            | Soft Shackles         |
| Shovel                   | Rated Recovery Points |
| Air Compressor           | Chainsaw              |
| UHF Radio Ch 20          | GPS Assistance        |
| Fridge                   | Local Knowledge       |

## POMONAL VILLAGE MARKET

The Pomonal Village Markets are normally held on the Last Sunday of every month (see below for other dates) from 9am til 1pm at the Pomonal Community Hall  
Ararat-Halls Gap Road, Pomonal

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### 2021

3rd January	25th July
31st January	29th August
28th February	26th September
28th March	2nd & 3rd October
18th April	31st October
30th May	28th November
27th June	19th December

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All site enquiries: Alison Bainbridge  
Market Coordinator on 0417 883 445  
All proceeds to Pomonal Community



Halls Gap is a Cat Free Zone

There are more ways to contact police with the new Police Assistance Line and Online Reporting platform.

You can report non-urgent crimes and events anytime, anywhere

Report stolen bicycles, property taken from your car or other items

Report personal property lost in Victoria

Report damage to your property, including graffiti

Register your party

Inform police when you are away from your home

Call 131 444 or visit [police.vic.gov.au](http://police.vic.gov.au)



## FILL THE GAP COMMITTEE

Lee-Anne, Margo, Abbie and Alison

Please email your articles and photos to us  
by the 25th of each month to:

[neighbourhood.house@budjabudjacoop.org.au](mailto:neighbourhood.house@budjabudjacoop.org.au)

Upload your community events details to  
the Community Association webpage:

[www.hallsgapcommunity.org.au](http://www.hallsgapcommunity.org.au)

Like our **Halls Gap Community Association**  
Facebook Page and/or **Halls Gap Community**  
**Watch and Events** Facebook Pages.



To keep up to date with what is happening in  
Pomonal like **Pomonal Community Connections**  
Facebook page and/or **Pomonal info &**  
**resources sharing** Facebook Pages



Fill The Gap newsletter acknowledges Aboriginal  
and Torres Strait Islander Peoples as the first  
Australians.

We acknowledge the diversity of Indigenous  
Australia.

We respectfully recognise Elders past, present  
and emerging.

This newsletter was produced on Djab Wurrung  
country.



## Regular Events

- \* **Chas Mangle** Justice of the Peace is available for witnessing documents in the Halls Gap Newsagency from 8am - 10am daily except Wednesday Ph. 0439 837 052
- \* **Peter Hilbig** is also a Justice of the Peace and can undertake JP responsibilities by appointment. Email [peter@hilbig.id.au](mailto:peter@hilbig.id.au) or telephone 0437 524 716.
- \* **History Room** is open 2pm-4.30pm on **MOST** days. **CLOSED Wednesday**
- \* **Budja Budja Neighbourhood House** - check the program at the house and online
- \* Various sport/fitness groups. Check the community website for details