

Issue: July 2021

# FILL THE GAP

Produced by the Community Association  
& Budja Budja Neighbourhood House.

Articles for August FTG need to be received by the 25th July 2021. See page 11 for details

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We apologize for the late publication of this edition of FTG.

Better late than never  
haha

Please enjoy you read  
Abbie

## STATS BY CHAS...

June 2021 - Rainfall by Chas:

205 mm for June bringing the progressive total to 565 mm for 2021.

This compares to the same period last year of 133.5 mm with a progressive total of 483.5 mm.

As of the 30th of June Lake Bellfield is holding 47,710 ML or 61% full compared to the same period last year of 48,140 ML or 61% full.

The total system is holding 172,210 ML or 30.73% full compared to the same period last year of 171,780 ML or 30.66% full.

Mount William received 236.8 mm for June 2021. The highest temperature of

12.1 C was recorded on the 2nd of June and the lowest of - 0.7 was recorded

On the 5th of June. The highest wind speed of 120 km/h was recorded on the 9th June 2021.

## FROM THE GARIWERD SIX SEASONS CALENDAR



chinnup

season of cockatoos - winter  
(june to late july)

### Cold, Cockatoos and Early Wildflowers

Morning frosts, bleak mists and freezing winds make winter (season of cockatoos or chinnup) the coldest time of year.





## **Grampians Flora Botanic Garden**

### **WORKING BEES**

**Second and fourth Fridays each  
month starting at 9.30am**

**Locals and visitors always welcome.**

**Gloves, hats and tools provided.**

**Please give us a hand**





# Would you be interested?



After a long hiatus, due to Covid restrictions, Chas has reopened the Halls Gap History Rooms. The current hours are 2-4:30pm, closed Wednesdays.

## We are asking for your support!

Would you volunteer to open the rooms on a regular basis? Perhaps you could offer one afternoon a week, fortnight or even month? No specific knowledge of the history of Halls Gap is really needed as the displays are labelled.

If this appeals to you please drop in and see Chas or drop an email to [hallsgapandgrampianshs@gmail.com](mailto:hallsgapandgrampianshs@gmail.com)



## HALLS GAP CFA



The community can continue to have confidence that fire brigades will respond to fire emergencies despite COVID restrictions. Like all businesses and agencies we continue to follow rules and protocols which are regularly adjusted to minimise the spread of COVID -19. As an essential service, there are special arrangements to enable an emergency response.

COVID restrictions have interrupted our training schedule and delayed our annual 'Section 29' inspection when our equipment, preparation, membership, training and procedures are evaluated against state expectations. We now hope to return to training and undertake the Section 29 during July.

It continues to be a great time to clear fire hazards from around your home or property. Within the Halls Gap township you need a permit from Northern Grampians Shire all year round. In rural zones a permit is required only during the fire restriction period, which has now finished for this season. Whether you need a permit or not, every burn must be registered by telephoning [1800 668 511](tel:1800668511), or online at <https://firepermits.vic.gov.au/>. Unregistered burns often result in a false alarm call which requires an unnecessary brigade callout. This could delay a response to a real emergency and is an avoidable inconvenience to volunteers and CFA staff. Registered burns are advised to ESTA (the Emergency Services Telecommunications Authority) so they know not to page the brigade to a controlled fire.

The expected minimum number of firefighters for Halls Gap is 25. While we have that number on our list, there are often times when some volunteers cannot respond due to work commitments or they are away from the area. We are always recruiting new brigade members, and welcome potential firefighters as well as other supporters for logistics, maintenance and communications.

Please call Peter if interested - 0437 524 716.



**Don't accept  
any friend  
requests from  
Taco Bell.  
They're nacho  
friend!**

**A termite  
walks into the bar  
and asks,**

**"Is the bar  
tender here?"**

**Why do bees  
have sticky hair?**

**Because they use  
honeycombs.**

## RUN THE GAP

### Thank you from the Run the Gap Committee

The RTG committee send out a big thank you to all involved with the event held the weekend of May 23.



The assistance the community provides is important to the success of the event and the committee really appreciate the many involved to help achieve this. We're thankful for the fantastic spirit of all who attended, the weather once again being perfect, and the timing for a Covid safe event, one week before another lockdown.

We see the sentiment best summed up in this message received from one of the running families who attended....

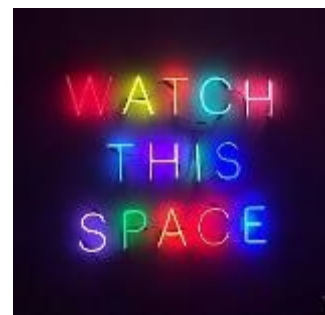
"As we head into lockdown this weekend, I just wanted to say thank you for a great run last weekend! I am so so grateful that we got to be in such a gorgeous part of the world running and enjoying nature. It was exactly what my family needed."

### RTG funding support:

With 916 registrations, the RTG Committee will donate \$916 to the Grampians Walking Track Support Group to help maintain walking tracks in the National Park. Plus monies held in trust for future bike / walk path projects works in conjunction with the Northern Grampians Shire Council. Recently NGSC completed works on the Tymna bike path / boardwalk project with financial support from RTG and the State Government.

## GRAMPIANS WALKING TRACKS SUPPORT GROUP

We were all set to have a short, final working bee then hold an opening ceremony with barbecue at Golton Gorge at the end of May when the last State lockdown was announced for the night before. We have been wanting to do this now for 18 months so being "pipped at the post" was very disappointing, especially as the weather turned out to be beautiful. We shall try again, but with the amount of rain we have had since then the prospects are not good before Spring.



On 26th-27th June we held a very successful working bee with 15 of us clearing vegetation on the Wonderland Range tracks from Sundial Peak to the Pinnacle and Lake View Lookout. On the Sunday we tackled the Chatauqua Peak circuit and Bullace's Glen. Fortunately the rain held off and all participants, from Melbourne and even Gippsland, enjoyed their trip out west.

David Witham





20-22 Grampians Road, Halls Gap 3381

PH: 03 53564751



July	August	September
<p><u>Dr Ruth Sutherland</u> Monday 12<sup>th</sup> July- Friday 23<sup>rd</sup> July</p> <p><u>Dr Katriona Ross</u> Monday 26<sup>th</sup> July – Friday 30<sup>th</sup> July</p> <p><u>Closed Week ends</u></p>	<p><u>Dr Sareetaa Vijayan</u> Tuesday 3<sup>rd</sup> August- Friday 20 August</p> <p><u>Dr Rachelle Bassett</u> Wednesday 25<sup>th</sup> August- Friday 27<sup>th</sup> August</p> <p><u>DR Christine Harvey</u> Monday 30<sup>th</sup> August - Tuesday 31<sup>st</sup> August</p> <p><u>Nurse clinic</u> August Monday 2<sup>nd</sup> Pathology only NO GP</p> <p><u>Closed Weekends</u></p>	<p><u>DR Christine Harvey</u> Wednesday 1 September - Friday 10 September</p> <p><u>TBA</u> Monday 13<sup>th</sup> - Friday 17<sup>th</sup></p> <p><u>DR Terrance Heng</u> Tuesday 21<sup>st</sup> September - Friday 30<sup>th</sup> September</p> <p><u>Nurse clinic</u> September Monday 20<sup>th</sup> Pathology only NO GP</p> <p><u>Closed Weekends and Public Holidays</u></p>

## Do you need a GPMP

### What is a GPMP:

A GP Management Plan (**GPMP**) can help people with chronic medical conditions by providing an organised approach to care. A **GPMP** is a plan of action you have agreed with your GP. This plan: identifies your health and care needs; sets out the services to be provided by your GP; and other health professionals

### Eligibility

To be **eligible for a Care Plan**, your GP must identify that you have a chronic **medical** condition that has been, or is likely to be, present for six months or longer



**To book an appointment call Budja Budja on 03 5356 4751**

**DO NOT ATTEND** if you have recently been overseas, come from a recognised Hot spot, been in contact with a known case of COVID -19 or experiencing any cold , fever of respiratory infection symptoms even if mild. Call for reception 53564751 for a Telehealth appointment.

## **Internal Arts Academy for Mind, Body & Spirit**

ABN 56 373 502 389

**Halls Gap Stillness in Movement Tai Chi & Qigong Group**

# **Tai Chi & Qigong Halls Gap**

## **Upcoming Workshop\* & New\* Classes**

Halls Gap Visitor Information Centre Precinct, Grampians Road Halls Gap

### **Workshop\* 10am-12.30pm Sunday 4th July**

Three Circle Qigong (Chi Kung),

Tai Chi Foundations, Flow & Form,

Introduction to the Baguazhang Monkey form.

(\*Suitable for all levels of students. Ideal preparation for ongoing classes\*)

\$40 per person (Limited places, Bookings essential, Coffee provided)

### **General Classes**

**Morning Class (Intermediate) Wednesday's 9am – 10am**

**For all levels, new students are welcome**

**Morning Class Wednesday's 10.30am – 11.30am**

**\*Evening Class (Starting from Wed. 7th July 2021) 5.15pm – 6.15pm**

(\*Numbers dependent)

Classes \$10 per person, Learn in a welcoming and friendly atmosphere.

Note. Workshop and all classes are subject to Government Covid restrictions.

### **For more information & bookings**

Contact: Bruce Jordan 0408 839730 [brucejordantaiji@gmail.com](mailto:brucejordantaiji@gmail.com)

or

Tim Walsh 0431 093815

**Tai Chi, Qigong, Baguazhang.**

Classes, Workshops, Short Courses & Private Tuition

30 years taichi practitioner (25 years taichi teaching experience), International Cert's. SOMA, WTBA

## Significant Dates

### Dry July

**1st-31st July**

**Organisation:** Dry July Foundation

Dry July is a national fundraiser, run by Dry July Foundation, that encourages people to go alcohol-free in July and raise funds for people affected by cancer.

Funds are provided to projects and programs that improve the comfort and wellbeing of people affected by cancer- whether it's a lift to a life-saving appointment, guidance from a specialist nurse, connection to an informative voice, access to therapy programs or a bed close to treatment. We aim to make a difficult time, a little easier for those affected by cancer. Having a month off alcohol also has great health benefits and encourages awareness of a healthy attitude to alcohol consumption. The challenge is a perfect fit for workplaces or social groups.

**National/State:** National

**Website:** [au.dryjuly.com/](http://au.dryjuly.com/)



### Crazy Hair Day

**Monday 26 July**

**(date to be confirmed)**

**Organisation:** Cystic Fibrosis Victoria

Crazy Hair Day is a day to go crazy with your hair - teased, coloured, gelled or twisted; wigs and scarves, punk or just plain messy! is an annual fundraising event organised by Cystic Fibrosis Victoria (CFV) and is a fun way for schools to celebrate the start of third term.

**National/State:** National

**Email:** [events@cfv.org.au](mailto:events@cfv.org.au)

**Website:** [www.crazyhair.com.au](http://www.crazyhair.com.au)



### White Ribbon Night

**Saturday 31 July**

**(date to be confirmed)**

**Organisation:** White Ribbon

Join communities across Australia to unite in support of bringing an end to violence against women by having a night in to get the word out. You can invite two people or 2,000 to your movie night, games night, dinner party, watch the footy with mates... the possibilities are endless!

**National/State:** National

**Phone:** 02 9045 8444

**Email:** [events@whiteribbon.org.au](mailto:events@whiteribbon.org.au)

**Website:** [events.whiteribbon.org.au/join-an-existing-event/whiteribbonnight2020](http://events.whiteribbon.org.au/join-an-existing-event/whiteribbonnight2020)







# SIGNIFICANT DATES

Proudly brought to you by Wimmera PCP Inc.

## 13 FEBRUARY - NATIONAL APOLOGY ANNIVERSARY

Marking the anniversary of the Apology in the House of Representatives on 13 Feb 2008. The Apology was for past laws, policies and practices that have impacted on Australia's First Nations Peoples, particularly the Stolen Generations. [nsdc.org.au](http://nsdc.org.au)

**TEACH  
THE CHILDREN  
THE TRUTH**

## 18 MARCH

### NATIONAL

### CLOSE THE GAP DAY

Raising awareness of the Indigenous health crisis.

[antar.org.au](http://antar.org.au)

## 26 MAY - NATIONAL SORRY DAY

Not to be confused with the National Apology Anniversary, National Sorry Day is an opportunity for all community to acknowledge the forcible removal of children from their families as a result of past policies and Acts.

# BE. THE. CHANGE.

## 27 MAY-3 JUNE NATIONAL RECONCILIATION WEEK

This year's theme is yet to be announced. NRW offers a wonderful opportunity for everyone to join the reconciliation movement and "walk the talk". This is a chance for non-Indigenous people to show their support and pride for our Aboriginal and Torres Strait Island communities.

## NAIDOC WEEK

Typically this is the first full week in July to celebrate the enormous contributions of Aboriginal and Torres Strait Islander Peoples to our communities today.

Check [naidoc.org.au](http://naidoc.org.au) for updates on the theme & dates.

## 3 JUNE MABO DAY



## NATIONAL ABORIGINAL & TORRES STRAIT ISLANDER CHILDREN'S DAY

4 August each year is dedicated to celebrating the children of Aboriginal & Torres Strait Islander communities as well as learn about the crucial impact that culture, family & community play in the life of every Aboriginal & Torres Strait Islander child. [aboriginalchildrensday.org.au](http://aboriginalchildrensday.org.au)

## INTERNATIONAL DAY OF THE WORLD'S INDIGENOUS PEOPLE

Celebrated on 9 August each year IDWIP aims to raise awareness to the problems faced by Indigenous Peoples around the world. This is particularly critical following the COVID19 global pandemic. [un.org.au](http://un.org.au)

## HALLS GAP MARKET



The **Halls Gap Market** was established in 1997 and is proudly brought to you by the Halls Gap Primary School. Located at the base of the Wonderland Range (Grampians) in the magical Halls Gap Primary School

grounds, this truly unique market is a must.

The **Halls Gap Market** is an outdoor market and boasts a range of high quality stalls offering arts, crafts, fresh produce, plants, fine food, coffee and more. School parents serve hot and cold refreshments along with a barbecue featuring delicious egg and bacon rolls. All proceeds go to the Halls Gap Primary School. Check the website for information on becoming a stall holder: - <http://www.hgps.vic.edu.au/craft.html>

### Market Dates for 2021:

Melbourne Cup Weekend - Sunday 31st October

### Market Dates for 2022:

Labour Day Weekend- Sunday 13th March

Easter Sunday - 17th April

Queen's Birthday Weekend - Sunday 12th June

## Are You Stuck in the Bush?

Call Glenn on **0419 802 846**

Or 0424 619 355...Leave a message if no answer.



Take a photo of this flyer.



On-Board Recovery Equipment

Winches – Front and Rear  
Snatch Straps  
Winch Extension Straps  
Snatch Blocks  
Shovel  
Air Compressor  
UHF Radio Ch 20  
Fridge

Hi-Lift Jack  
Tree Trunk Protectors  
Bow Shackles  
Soft Shackles  
Rated Recovery Points  
Chainsaw  
GPS Assistance  
Local Knowledge

## POMONAL VILLAGE MARKET

The Pomonal Village Markets are normally held on the Last Sunday of every month (see below for other dates) from 9am til 1pm at the Pomonal Community Hall  
Ararat-Halls Gap Road, Pomonal

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### 2021

3rd January	25th July
31st January	29th August
28th February	26th September
28th March	2nd & 3rd October
18th April	31st October
30th May	28th November
27th June	19th December

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All site enquiries: Alison Bainbridge  
Market Coordinator on 0417 883 445  
All proceeds to Pomonal Community



There are more ways to contact police with the new Police Assistance Line and Online Reporting platform.



You can report non-urgent crimes and events anytime, anywhere



Report stolen bicycles, property lost or other items.



Report personal property lost in Victoria.



Report damage to your property, including graffiti.



Register your party.



Inform police where you are away from your home.

Call 131 444 or visit [police.vic.gov.au](http://police.vic.gov.au)



Halls Gap is a Cat Free Zone



## FILL THE GAP COMMITTEE

Lee-Anne, Margo, Abbie and Alison

Please email your articles and photos to us  
by the 25th of each month to:

[neighbourhood.house@budjabudjacoop.org.au](mailto:neighbourhood.house@budjabudjacoop.org.au)

Upload your community events details to  
the Community Association webpage:

[www.hallsgapcommunity.org.au](http://www.hallsgapcommunity.org.au)

Like our **Halls Gap Community Association**  
Facebook Page and/or **Halls Gap Community**  
**Watch and Events** Facebook Pages.



To keep up to date with what is happening in  
Pomonal like **Pomonal Community Connections**  
Facebook page and/or **Pomonal info &**  
**resources sharing** Facebook Pages



Fill The Gap newsletter acknowledges Aboriginal  
and Torres Strait Islander Peoples as the first  
Australians.

We acknowledge the diversity of Indigenous  
Australia.

We respectfully recognise Elders past, present  
and emerging.

This newsletter was produced on Djab Wurrung  
country.



## Regular Events

- \* **Chas Mangle** Justice of the Peace is available for witnessing documents in the Halls Gap Newsagency from 8am - 10am daily except Wednesday Ph. 0439 837 052
- \* **Peter Hilbig** is also a Justice of the Peace and can undertake JP responsibilities by appointment. Email [peter@hilbig.id.au](mailto:peter@hilbig.id.au) or telephone 0437 524 716.
- \* **History Room** is open 2pm-4.30pm on **MOST** days. **CLOSED Wednesday**
- \* **Budja Budja Neighbourhood House** - check the program at the house and online
- \* Various sport/fitness groups. Check the community website for details