Predmand by the Community Wassaidtion

Issue: May 2022

FILL THE GAP

Produced by the Community Association & Budja Budja Neighbourhood House.

Articles for June FTG need to be received by the 25th May 2022 See page 11 for details

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WRAP UP...

So much is happening in May. We have just had the successful Grampians Grape Escape. Congratulations to all involved.

However there is still more to come in May.

You can get involved in the Moth Trail check out pages 8 & 9 for more details.

You can attend one of the events, workshops or programs run by your local Neighbourhood House - page 10

Have you had your Flu Vaccine? page 6.

Have you considered volunteering.
There are lots of volunteering
opportunities such as Run the Gap, The
Moth Trail, CFA, HG Botanical Garden,
Budja Budja NH, Pomonal Men's Shed
and the Halls Gap Community Garden.
Such a great way to connect back with
your community.

Don't forget Mum's special day on Sunday 8th May.

Eds.

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APRIL 2022 RAINFALLBY CHAS...

62.5 mm for April bringing the progressive total to 184.0 mm for 2022. This compares to the same period last year of 28.5 mm for April with a progressive total of 278 mm for 2021. As of the 27th of April 2022 Lake Bellfield is holding 52,020 ML or 66% full compared to the same period last year of 44,950 ML or 57% full. The total system is holding 169,860 ML or 30.32 % full compared to the same period last year of 163,410 ML or 29.16 % full.

Mount William received 46.6 mm for April 2022. The highest temperature of 20.4 C was recorded on the 10th of April and the lowest of 2.4 C was recorded on the 23rd and 30th of April. The highest wind speed of 78 km/h was recorded on the 17th of April 2022.

Cheers Chas

FROM THE GARIWERD SIX SEASONS CALENDAR

Ads



gwangal moronn

season of honey bees - autumn (late march to june)

Sunrises, Bees and Flocking Birds
Autumn (the season of native
honey bees or gwangal moronn) is
when the country starts to cool
down after the summer heat.











Run the Gap

We're expecting more than 1000 runners plus their friends and families in Halls Gap for the annual Run the Gap event on 22 May. There's still time to book your place. Choose from the 6km walk, 6km run, 12km run or 21km run. For registration details visit www.runthegap.com.au

Great prizes up for grabs

Place getters will receive generous prizes including cash. There will also be spot prizes including accommodation and dining vouchers, all of which have been proudly donated by generous local businesses. Make sure you're around for the medal ceremony as this is when the spot prizes are handed out.

Volunteer update – just a few more people needed

So far we have had a great response for volunteers for jobs such as marshalling, setting up and packing up, registration, cooking breakfast etc. We're still looking for lead cyclists so if you're good on a bike, why not offer your assistance? That job lasts from about 7.30am to noon. We're also looking for volunteer photographers, starting from 6.30am. You don't have to be a professional, just someone who can take a good pic with their own camera. Call Joshua Brown on 0401 966 846.

Grab a T shirt

This year's T shirts are sure to be popular with a bold black and white colour scheme. All volunteers receive a T shirt and they will also be for sale in the hall during registration. If there are any leftovers they will be available to buy at the Halls Gap Visitor Information Centre shortly after the event.

WILDLIFE WITH NEIL - THE BROLGA - GRUS RUBICUNDA

The Brolga is a member of the Crane family with approximately 15 species occurring worldwide. In Australia we have two species – the Brolga and the Sarus Crane (which only occurs in Queensland around the bottom of

the Gulf of Carpentaria and up into Cape York Peninsula) are very similar in size and appearance. Size: - 1mtr to 1.3mtrs tall. Weight: - 6.25kg to 8.25kg Wingspan: - 2mtrs.

Description: - Plumage entirely smoke grey or silvery grey with bustle of long secondary wing-feathers which are slightly darker grey. Skin of head pale grey on forehead and crown, head and nape dull red to fairly bright red, with a blackish dewlap ("Adams Apple") under the chin, eye yellow, bill grey green, feet and legs dark grey to black. Sexes are similar. (The Sarus Crane has pink legs and the red extends for 12 to 15 cm down the neck and has a small blackish dewlap that is not very visible)

Distribution: - Northern WA from about Onslow on

the coast, NT North of Alice Springs, all of QLD, most of NSW, the Western half of Victoria and just makes it

into the Eastern side of SA.

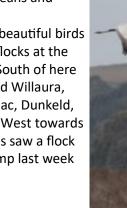
Habits: - Nomadic. Diurnal. Territories formed when breeding, and vigorously defended by both members of the pair, otherwise strongly gregarious. Generally in small parties, occasionally in flocks of hundreds. (usually outside the breeding season) Forages over grass or cultivated land, or wades in shallow swamps. Flies strongly, often in V formations at great height. Complex, vigorous and spectacular mutual courtship displays, involving wild leaps, prancing, wing-flapping and tossing of objects into the air.

Voice: - Usually in chorus, a far-carrying clarion

trumpeting - in duet with the female, uttered in flight, while dancing or at the nest. Other hoarse croaks, also a low guttural "graaaw"

Food: - Mainly vegetarian, especially sedge tubers, also large terrestrial insects, molluscs, crustaceans and amphibians.

Notes: - These large and beautiful birds have formed gregarious flocks at the moment. Look for them South of here in shallow swamps around Willaura, Glen Thompson, Lake Bolac, Dunkeld, Penshurst, Hamilton and West towards the SA border. Three of us saw a flock of 220+ in a shallow swamp last week near Glen Thompson.





Neil Macumber

THE CONNECTION— WEDNESDAY 18TH MAY 2022

This month the documentary film, The Connection: Mind your Body, will be screening in Halls Gap at the Halls Gap Centenary Hall. See the accompanying flyer for details below. This is proudly supported by the Budja Budja Neighbourhood House and I am very grateful for their involvement.

I collaborated with a colleague to bring it to a sold-out audience at the Heritage Theatre in Gympie, QLD in 2015, after it was released in 2014. It is an excellent film which explores the increasingly large body of scientific evidence for the role that the mind-body connection has in healing. It interweaves this with personal stories of individuals with different health issues including severe back pain, heart disease, infertility, cancer and multiple sclerosis, that have used it successfully.

The film was inspired by a personal health crisis, after journalist and filmmaker Shannon Harvey was diagnosed with an autoimmune disease. She used her expertise to interview leaders in their field across the world to create a powerful story of healing and personal empowerment.

I believe that this is important information for everyone, and especially post pandemic, I wanted to share it with my community.

For anyone that is interested, DVD copies of the film will be for sale at the discounted price of \$18.

It would be great to see you there,
If you have any questions or want more information, please call me on 0422 465 207
Rowena

A film featuring world leading experts in mind body medicine and compelling true stories of recovery



CONNECTION Mind your body.

Wednesday 18th May

HALLS GAP Centenary Hall 115 Grampians Rd, HALLS GAP

Doors open 6.45pm for 7pm start

There will be an opportunity to discuss the film once it has finished.

Proudly brought to you by Budja <u>Budja</u> Neighbourhood House

Donations gratefully accepted

To see the trailer click here: https://www.youtube.com/watch?v=oke17WPcCLM

WWW.THECONNECTION.TV



Activities Update – 30th April 2022

April has been a very busy and fruitful month down at the shed with our members being involved in many varied activities.

18 of our members and their loved ones helped out the Little Vic Bike Ride on the first weekend of the month which helped us raise some funds for the on going needs of the shed.

This months "Shed Talk" was on movement disorders and parkinsons disease with Jeff Davies from the community health service and was very interesting and informative.

Monday's social day sessions are running very well with members just getting together helping with the general mental health of all in attendance.

Thursday's project days are also very busy as we continue to get new projects for local community members and business'. We are also staring to make small items for sale at the markets and within the shed.

The all inclusive sessions are running very well with both male and female members attending.

We are also thankful to the Pomonal Anzac Day Committee for a substantial donation this year after the dawn service.

The member for Lowan, Emma Kealy dropped in for a cuppa with our members and a tour of the shed. This was a great thing as Emma has been a great supporter of our shed since it's inception.

As usual we had a great time raising funds at the Pomonal Village Market with our sausage sizzle.

Our members are currently going through the process of obtaining their working with children's certificates to get ready for our primary schools sessions beginning next month.

The shed is open on Mondays and Thursdays from 9-30am as is very welcoming to new members or anyone interested, for any information contact Russ on 0438 024 929.

Russ Kellett



Greetings all from Margo

By the time you read this I will have been to a Botanic Gardens conference on the coast. I will have had a short session talking about our garden and am hoping to get lots of good ideas from other gardens. I'll report next month on the conference.

Quite a few things to report now:

We had a wedding at 2pm on Saturday 23 April. They have given us a donation.

The student group who came on April 10 did a huge amount of work. They helped repair the fence, cleared a lot of bracken near the fence, cleared a new path in the top corner where Joy R has been working and where Paul cut down the weed holly. Also cleaned the noticeboard near the Venus Baths gate, moved Ken Woodcock's posters to the far side and replaced them with the new posters about how the Indigenous folk here used plants before settlement. Do please go and look at it. We will fairly soon be getting signs next to important plants.

I submitted the report on how we spent our first DELWP grant and it was approved. That was for the toilet for volunteers, the new office shed, and renewing the watering system. The second grant was for the signs about pre-colonial use of plants, which we are in the process of spending.

DELWP would like us to do some publicity about both grant results. I'm wondering about a party in the garden on Botanic Gardens day Sunday May 29. What do you think? How many of you will be around?

There's an exciting event planned for Halls Gap on the long weekend in June and the garden will be part of it. More news later.

BUDJA BUDJA MEDICAL CLINIC



20-22 Grampians Road, Halls Gap 3381

PH: 03 53 564751

WEBSITE: www.budjabudjacoop.org.au

MAY 2022

Dr Eleanor Go

Monday 2nd -Friday 6th Monday 9th -Friday 13th Monday16th -Friday 20th Monday 23rd -Friday 27th

Dr Rachell Bassett

Wednesday 11th-Friday 13th

Dr Lori Cameron

18th -19th May

Dr Greg Malcher

Monday 30th -Friday 3rd June

JUNE 2022

Dr Greg Malcher

Monday 6th -Friday 10th

Closed Public Holiday June 13th

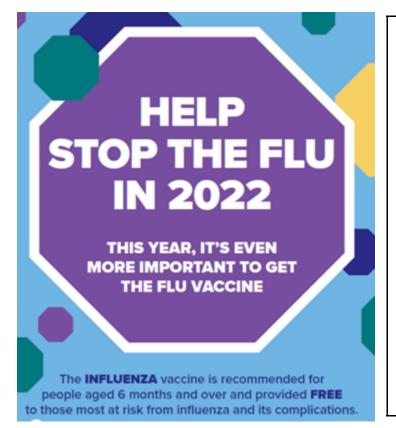
DR Dominque Coleman

Tuesday 14th -Friday 17th Monday 20th -Friday 24th

Dr Rachell Bassett

Wednesday 15th -Friday 17th

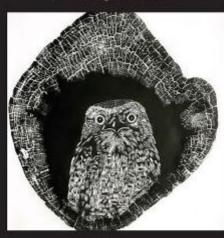
 $\frac{\textbf{TBA}}{\text{Monday 27}^{\text{th}}} \text{-July Friday 1}^{\text{st}}$



Vaccination is a safe and effective way to protect you from serious disease caused by influenza

> **Book an Appointment** 5356 4751





Opening reception Friday May 13th 6pm Exhibition runs until June 20th



aec.gov.au/electionjobs



The Electoral Australian Commission (AEC) are still looking for workers in the upcoming election in the divisions of Wannon and Mallee. Contact them via aec.gov.au/electionjobs









Wednesday 25th May 2022

Centenary Hall, 117 Grampians Road, Halls Gap

American car designer Carroll Shelby and driver Ken Miles battle corporate interference and the laws of physics to build a revolutionary race car for Ford in order to defeat Ferrari at the 24 Hours of Le Mans in 1966.



Gallery

The doors open at 7pm and screenings commence at 7.30pm. Drinks and nibbles are served prior to the film and a light supper is served afterwards.

Membership is only \$45 annually or \$25 half-year. For more information contact Alison Bainbridge 0417 883 445

Come along and enjoy viewing, being entertained and discussing the merits of films we screen. We endeavour to cater for a variety of tastes as well as have a fun social night.





HALLS GAP MOTH TRAIL UPDATE:



What's a Moth Trail? Like moths in the night, drawn to the light, around the art we gather.



The Moth Trail is a unique art experience that aims to draw people out after dark to enjoy a Winter outdoor gallery trail of intimate projection experiences throughout Halls Gap business area.

The Moth Trail is part of the Gatherings 2022 program and will be presented on Sat 11^{th} June between 6.30 - 10 pm. (With a wet weather contingency event date on Sunday 13^{th} June)

This project will provide the opportunity to activate the town centres and outdoor public spaces within close proximity to hospitality and retail businesses across Halls Gap.

Maps will be available from June onwards and will guide you through the trail.

Project Contact - The Moth Trail Coordinator is Jillian Pearce: director@yspace.com.au 0439 371 962. The project is based out of Budja Budja Neighbourhood House. (With many thanks from the project team)

How to get involved?

Community Information Session: Want to know more? Come along to the project information session Thursday 12th May at 5.30 – 6.30 at Halls Gap Community Hall. RSVP Jillian Pearce director@yspace.com.au 0439 371 962.

Shadow Play Project: Enter the shadow lab and play with light and shade to become part of an interactive shadow projection that activates outdoor spaces for public to play in real time. When: Wed 11th and Thu 12th May 12-8pm at the Halls Gap Community Hall.



Book you half hour Shadow Lab session – Contact Alison on 5356 4485 at Budja Budja Neighbourhood House/ Email neighbourhood.house@budjabudjacoop.org.au

Become part of the Moth Trail Team - Volunteers needed in Event support in the following ways:

- Helping to set up on either the Friday 10th or Saturday 11th June. 2-3 hours to assist with wayfinding lights and signage placement, erecting weather proof tents on either the Friday 10th June or Sat 11th June.
- 2. Attending one of the 8 projection sites along the trail. 2-3 hour shift involving a small safety briefing and project induction training on the Friday night for the event on Saturday night.

A Thank-you - There will be a Sunday or Monday thankyou afternoon tea for all Moth Trail volunteers and team members. (Day depends on the weather)

Why the Moth Trail and Gatherings 2022?

Council has recently secured funding through the Department of Jobs, Precincts and Regions, COVID Safe Outdoor Activation Fund 2021. They have partnered with the highly respected arts organisation ACT Natimuk, to produce and deliver 'Gatherings 2022. The Grampians Way' to Halls Gap, Stawell, St Arnaud and Great Western. Each town will present their own individual event throughout May and June 2022.



April has been a huge month for the Neighbourhood House. We moved into our new premises at 42 Grampians Road, Halls Gap. Thanks to our volunteers. We continued to run programs whilst moving in. We will have our official opening in June. Once details are finalised we will advertise.

Another momentous thing that happen in April, Lee-Anne has made the decision to retire. Lee-Anne's last official event will be on Thursday 26th May at our Biggest Morning Tea. Lee-Anne will still be connected to the house as a volunteer and participant. I would like to take this opportunity to thank Lee-Anne for her help and support to me over the last 3+years.

We were going to kick off our Connecting to Community workshops in April however our tutor Sally became ill so the Crochet workshop will now be held on Saturday 21st May. Only a couple more places available. Lodi's fabulous Eco Dying Workshops have a couple of places available on the 5th and 7th May.

Lee-Anne & Alison

What's on in May at your Neighbourhood House

We are open Tuesday to Friday 9am to 3.15pm

- Monday 9th May 9-3pm First Aid/CPR
- Mondays 7-8pm Meditation
- Tuesdays 10am-12noon Craft mornings Come along and share your skills or learn a new one.
- Tuesdays 1.30-2pm Gentle Exercise
- Wednesday 18th May Movie The Connection
- Wednesdays 10-12 Writers Group
- Thursday 5th May Eco Dying Workshop
- . Thursday 19th May HG Book Club
- Thursday 26th May Biggest Morning Tea
- Thursdays 10-11am Tai Chi
- Fridays 9.30-11.30am Playgroup including story time
- Fridays 1.30-3pm Finska or if it too wet indoor games and cuppa
- Saturday 7th May Eco Dying Workshop
- Saturday 21st May Crochet Workshop

Tuesday to Friday 9am-3.15pm

- Computers available
- · Printing available
- Internet access
- Come in for a cuppa and yarn



We're hosting a Biggest Morning Tea





Concer Cour Authorie's Rigg Morning Tex

Where: Recreation Reserve Pavilion, Halls Gap

When: Thursday 26 May 2022
Time: 10am -12noon

Forest Lines

Gold Coin Donation Bring a plate to share



Check out our website for activates, events and programs:

https:// budjabudjaneighbourhoodhouse. org.au/

Our Facebook page has updates on what is happening at your neighbourhood house.

https://www.facebook.com/budjabudjaneighbourhoodhouse



HALLS GAP PRIMARY SCHOOL



We held a commemorative service for ANZAC Day at the memorial gates beside the cricket oval.

Poppy and Bonnie did an exceptional job leading us through with a couple of thought provoking poem read by Clem.

Halls Gap Primary School Junior School Council ran a Easter Raffle at the April Market. They raised over \$700.00 and now they will work out the best way to use the funds to benefit the students. Junior School Council would like to that the local business for their donations.







Now we've had a bit of rain and the days are much cooler and shorter, it is a great opportunity to clean up properties to reduce the fire hazard for next summer. Northern Grampians Shire Council has declared a burn

permit fee exemption period for the public from 7 May to 22 May 2022. A permit is still required, so residents and property owners should apply as soon as possible to enable time for inspections if required, and for permits to be issued. An application form is available at https://www.ngshire.vic.gov.au/Residents/Community-safety/Open-air-permit.

Parks Victoria and DELWP are currently undertaking controlled burns on public land around the greater Gariwerd landscape to reduce fuel loads and emulate natural fire regimes, so it is timely for private landholders to clear debris and remove excess vegetation too. Remember even if you have a permit, every burn must be registered on line at https://firepermits.vic.gov.au/notify or by telephoning 1800 668 511.

Training for volunteer firefighters continues at the Halls Gap Fire Station on the first and third Wednesday of each month. During April we learnt and practised the safe and effective use of drip torches, and reviewed important considerations and procedures when approaching an incident with a potential risk of exposure to hazardous materials (HAZMAT). New members are building familiarity with vehicles and equipment ahead of consolidation and assessments over the next couple of months.

Training also provides an opportunity to check and service equipment, so we have tested hoses and sent some away for maintenance, and arranged for repair and replacement of equipment where required to ensure everything is in working order when needed.

On May 18 we will conduct our elections for a new management team to commence on 1 July 2022. Our succession plan ensures a changeover of officers so responsibilities are shared and members can gain experience in various roles.

If you are interested in brigade activities or volunteering as a firefighter or supporter, please contact Peter on 0437 524 716.



STAWELL PERFORMING ARTS COMPANY Inc.



WED, 4 MAY - 19:00

Come and Sing

8-22 Patrick St, Stawell VIC 3380,...



FRI, 20 MAY - 19:00

Take the Stage - Open Mic -Classical, Traditional and Folk

Stawell Golf Club



SUN, 22 MAY - 09:00

A Day on the Grand

Stawell Entertainment Centre



FRI, 17 JUN - 19:00

Take the Stage - Open Mic - The Beatles

Stawell Golf Club



First Aid & CPR

dates for 2022

Time: 9am to 3pm Cost: CPR HLTAID009 \$65 First Aid HLTAID011 \$155 BYO: Lunch Dates: Monday 21st February 2022 Monday 9th May 2022 Monday 20th June 2022 Monday 15th August 2022 Monday 10th October 2022 Monday 12th December 2022

Book now to ensure your place

Ring Alison/Lee-Anne on 5356 4485 to book your place or email

neighbourhood.house@budjabudjacoop.org.au

HALLS GAP MARKET



The Halls Gap Market was established in 1997 and is proudly brought to you by the Halls Gap Primary School. Located at the base of the Wonderland Range (Grampians) in the magical Halls Gap Primary School

grounds, this truly unique market is a must.

The Halls Gap Market is an outdoor market and boasts a range of high quality stalls offering arts, crafts, fresh produce, plants, fine food, coffee and more. School parents serve hot and cold refreshments along with a barbecue featuring delicious egg and bacon rolls. All proceeds go to the Halls Gap Primary School. Check the website for information on becoming a stall holder: - https://www.hallsgapmarkets.com.au/

Market Dates for 2022:

Queen's Birthday Weekend - Sunday 12th June Melbourne Cup Weekend - Sunday 30th October

Market Dates for 2023:

Labour Day Weekend- Sunday 12th March Easter Sunday - Sunday 9th April

Are You Stuck in the Bush?

Call Glenn on 0419 802 846

Or 0424 619 355...Leave a message if no answer.

Take a photo of this flyer.



On-Board Recovery Equipment

Winches – Front and Rear Snatch Straps Winch Extension Straps Snatch Blocks Shovel Air Compressor UHF Radio Ch 20 Fridge Hi-Lift Jack
Tree Trunk Protectors
Bow Shackles
Soft Shackles
Rated Recovery Points
Chainsaw
GPS Assistance
Local Knowledge



Last Sunday every month - 9am - Ipm Pomonal Community Hall Ararat-Halls Gap Road, Pomonal

2022 Market Calendar

2nd January
3Oth January
27th February
27th March
24th April
30
29th May
27th

26th June

3Ist July
28th August
25th September
Ist & 2nd October
30th October
27th November
18th December

All site enquiries: Alison Bainbridge Market Coordinator M: 0417 883 445

All proceeds to Pomonal Community



There are more ways to contact police with the new Police Assistance Line and Online Reporting platform.





Halls Gap is a Cat Free Zone



FILL THE GAP COMMITTEE

Lee-Anne. Abbie and Alison

Please email your articles and photos to us by the 25th of each month to:

neighbourhood.house@budjabudjacoop.org.au

Upload your community events details to the Community Association webpage:

www.hallsgapcommunity.org.au

Like our Halls Gap Community Association Facebook Page and/or Halls Gap Community Watch and Events Facebook Pages.



To keep up to date with what is happening in Pomonal like **Pomonal Community Connections** Facebook page and/or Pomonal info & resources sharing Facebook Pages

Fill The Gap newsletter acknowledges Aboriginal and Torres Strait Islander Peoples as the first Australians.

We acknowledges the diversity of Indigenous Australia.

We respectfully recognise Elders past, present and emerging.

This newsletter was produced on Djab Wurrung country.



















Let's mask up

For yours and our safety





Regular Events

- Chas Mangle Justice of the Peace is available for witnessing documents in the Halls Gap Newsagency from 8am - 10am daily except Tuesday Ph. 0439 837 052
- Peter Hilbig is also a Justice of the Peace and can undertake JP responsibilities by appointment. Email peter@hilbig.id.au or telephone 0437 524 716.
- History Room is open 2pm-4.30pm on MOST days. CLOSED Tuesday
- Budja Budja Neighbourhood House check the program at the house and online https:// budjabudjaneighbourhoodhouse.org.au/
- Various sport/fitness groups. Check the community website for details www.hallsgapcommunity.org.au