

Produced by the Community Association & Budja Budja Neighbourhood House.

Articles for November FTG need to be received by the 25th October 2022 See page 11 for details

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Wildlife and Wildflowers

In spring (season of wildflowers or petyan), the bush bursts into life. Nature's rock gardens amaze. The days are warmer, although the weather can still be tempestuous.

WRAP UP...

We have tried to get this edition of FTG out as soon as possible as there is so much happening in October. With the weather slowly improving our thoughts go to walking and checking out the beautiful flora displays mother nature provides.

Check out the Pomonal Native Flower Show on 1st & 2nd October, Shed Talk on Tuesday 4th with free lunch, Grannes Garden festival on 9th October, Felting workshop on 22nd October. Not to mention two markets on the Sunday 30th October of the Melbourne Cup Weekend in Halls Gap and Pomonal.

REMEMBER: Day Light Savings starts Sunday 2 October 2022. Move your clock forward one hour at 2am



STATS BY CHAS...

155.5 mm for September bringing the progressive total to 885.5 mm.

This compares to the same period last year of 68.5 mm for September with a progressive total of 924.5 mm.

As of the 28th of September Lake Bellfield is holding 65,100 ML or 83% full compared to the same period last year of 58,330 ML or 74% full.

The total system is holding 266,200 ML or 47.51% full compared to the same period last year of 238,520 ML or 42.57% full.

Mount William received 131.8 mm for September 2022. The highest temperature of 6.2 C was recorded on the 22nd and 23rd of September and the lowest of -1.5 C was recorded on the 2nd of September. The highest wind speed of 83 km/h was recorded on the 7th,8th,14th,17th and 18th of September 2022.

Handy Recycling Hints:

- Washed bottle caps—Drop off point at Budja Budja Neighbourhood House
- Bread tags (not cardboard) Budja Budja Neighbourhood House
- Batteries—IGA Stawell
- Light plastics—Woolworths have a bin
- Out of date tablets Halls Gap Pharmacy
- Blister Packs Grampians Pharmacy, Stawell and Stawell Pharmacy
- Metals—Hemleys in Stawell
- Anything with a cord ie TV, computers Transfer Station
- **Phones Northern Grampians Shire Office**



I have some good news. The signs we have ordered to place next to plants significant to people of the First Nations have arrived and we will be

organising their placement soon and adjusting our sign on the noticeboard near the gate to Venus Baths. This project was funded by a grant from the state government.

The last few weeks have seen so many tourists exploring the garden., and its been lovely to watch and listen to so many children enjoying the kids area.

This newsletter may come out after the show of Australian native plants at Pomonal, but if it is in time, do go there on Saturday or Sunday. We will be supplying them with quite a few flowers from our garden. We cancelled having walks in the BG due to the rain and the priority of weeding. So many weeds! The weeds have loved the weather. How about some of you adopting a bed and coming at a time that suits you, any day of the week? That would be a tremendous help. Just let me know and I can arrange access to our sheds, so we can have a record of who has been in to help and you can use our tools and gloves. Or just come any Friday morning in October and we'll put you to work.



At our recent meeting of the Halls Gap Community Association we made the decision to cancel the annual Grampians Wildflower Show, which had been running since the 1930s. Sad, but necessary. Lack of younger knowledgeable volunteers.

We have donated our posters (many by Ken Woodcock) to the APS Grampians Group for display at the Pomonal Native Flower Show.

However we are selling guides of where to see wildflowers out in the Park and close to Stawell. They are available from Brambuk and the Visitor Information Centre at the Halls Gap Hub or I can supply them to holiday houses. There are four different walks now, and a couple more may come later. They sell for \$2 and the proceeds go to our Halls Gap Botanic Garden.

Margo 0429201139, margo@sietsma.com

Australian Plants Society Grampians Group Present the 39th Annual

POMONAL NATIVE FLOWER SHOW

Pomonal Community Hall
Saturday 1st & Sunday 2nd October 2022 9.00am to 4.00pm
Admission \$5.00, children free

Cut Flower Displays Named specimens Book Sales Speakers



Refreshments Plant Sales Activities Village Market





Special Feature: Grampians Indigenous Species



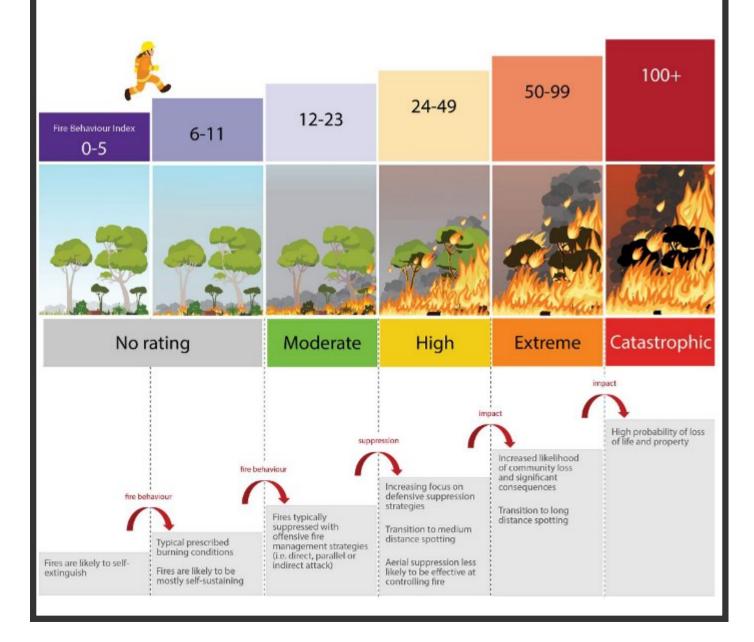


HALLS GAP CFA

As we move into spring, I hope that many of you are preparing for the fire season. Cleaning out gutters removing and cleaning up any fallen debris and all that fun stuff from around your yard. Despite the outlook for a wet spring and into early summer this does not reduce the fire threat. For tips on preparing your property you can get in touch with us via our Facebook page or visit the CFA website " Plan & Prepare " https://www.cfa.vic.gov.au/plan-prepare

Reminder that all burn off must be registered with the CFA and in Halls Gap you must have a permit. You can register via email, phone and online via the CFA website.

As of the 1st of September the new Australian Fire Danger Rating system came into effect. Below explains how this new system works and is the national standard. This should guide your decision on leaving early.









My Iunk, Your Treasure Garage Sales

Saturday 19th November 2022 9am to 2pm

Grampians/Gariwerd Flora Botanical Gardens

School Road, Halls Gap Ring Alison 0417 883 445 to book your FREE site



The Tail of Two Towns



Pomonal Community Hall

Ararat-Halls Gap Road, Pomonal Ring Andrea 0405 993 763 to book your FREE site

More info at

https://www.garagesaletrail.com.au/sale/my-junk-your-treasure

Bought to you by:

Pomonal Hall & Recreation Committee

and



TWILIGHT CINEMA



NEW DATE Sat 19th Nov from 6pm

\$20 Admission Adults Kids Free

BYO Chairs/Rugs on the lawns of Pomonal Estate

Fundraiser Event for Olivia Newton John's Cancer Wellness & Research Centre so dress in your finest pink clothes!!





Food & Drinks available

Purchase tix at www.eventbrite.com.au or contact Cellar Door m: 0448 983 248



Free Legal Assistance in Ararat

Ballarat & Grampians Community Legal Service will be visiting Ararat to provide free and confidential legal services to people in Ararat & surrounds.

All legal services will be by appointment only and subject to a conflict of Interest check.

For more information or to make a booking please call us on 03 5331 5999 or Free call: 1800 466 488

Legal Matters we can provide advice on:

- Family Violence
- Family Law
- Elder Abuse
- Infringements/Fines
- Credit & Debt matters
- Powers of Attorney
- Motor Vehicle Accidents
- Neighbourhood Disputes
- Personal Safety Intervention Orders
- Victims of Crime
- Summary Crime matters
- Consumer Complaints
- Centrelink matters
- Employment Issues
- TenancyPolice Matters

WHEN:

Outreach services will currently be available on these dates:

- 21 September
- 16 November

WHERE:

Ararat Neighbourhood House 56 Campbell Street, Ararat.

www.bgcls.org.au



Another busy month at the House. As the weather warms up we hope to run a few more things outside such as story time and finska.

Writers group will be meeting fortnightly starting from 10th October 2022.

Highlights for the coming month are:

- *4th— Joint event with BBNH and Pomonal Men's Shed
- *10th -First Aid
- *13th —Ipad course commencing
- *15th —BBNH will be part of the Kick Start the Community in Stawell
- *24th —Felting Workshop

BBNH is going into recycling in a big

We have become a drop off point for Lids4kids.





We will also be part of the Garage Sale Trail in November. We will be running the "My Junk, Your Treasure" garage sale at the Halls Gap Botanical Gardens on Saturday 19th November 2022 from 9-2.

If you would like to join us please ring Alison on 5356 4485 to book a site. It FREE



What's on in October at uour Neighbourhood House

We are open Tuesday to Friday 9am to 3.15pm

- Monday 10th & 24th 11am-1pm Writers Group
- Monday 10th 9am-3pm First Aid
- Mondays 7.00pm Meditation
- Tuesday 4th Shed Talk Get Moving 11am
- Tuesdays 1.30-2pm Gentle Exercise
- Wednesdays10am-12noon Craft mornings Come along and share your skills or learn a new one.
- Thursday 20th 7.30pm HG Book Club
- Thursdays 10am-10.30am Qi Gong
- Thursdays 10.30-1130am Bird Walk
- Fridays 10am-11.30am Storytime
- Fridays 1,30-3pm Friday Fun Finska
- Saturday 24th Felting Workshop

Tuesday to Friday 9am-3.15pm

- Computers
- Printing
- Internet access
- Come in for a cuppa and yarn

Shed Talk - Get Moving



Pomonal Men's Shed and Budja Budja Neighbourhood has joined forces to bring you a special event - "Gentle Exercise Session"

What: Shed Talk with Jo Brown from Dare2Fit who will help you get more exercise in your day, safely. Jo provides private personal training sessions, Group Fitness and Vinyasa Yoga throughout the district. Including BBNH Gentle exercise on Tuesday's in Halls Gap.

When: Tuesday 4th October 2022 from 11am to 12noon followed by lunch Where: Pomonal Community Hall, Ararat-Halls Gap Road, Pomonal

Cost: Free Event includes Lunch! Who can come: Everyone

RSVP: Call Russ on 0438 204 929 or Alison 0417 883 445 - to assist us with catering.







onnecting to Community

Essential

Join us at Budja Budja Neighbourhood House and be part of our Connecting to Community Textile Workshops. We have been able to keep the cost low due to a Community Grant through the NGSC,

workshop

Saturday 22nd October 10am-2pm Judith Burke - Feltina

Join Judith Burke, an inspirational teacher and her passion for felting is evident in her work. Judith will teach us the necessary skills to create our own Felted Beret. All materials provided.







Budja Budja Neighbourhood House 42 Grampians Road, Halls Gap





First Aid & CPR

Monday 10th October 2022 Monday 12th December 2022

Time: 9am to 3pm

Cost: CPR HLTAID009 \$65 First Aid HLTAID011 \$155

BYO: Lunch

Book now to ensure your place

iPad Group

Want to use your iPad more effectively? Would like to know how to get onto Government websites, how to make a group facetime call or use the tabs on safari?

> Join Jenny on Thursdays from 1pm-3pm 13th October to 17th November 2022 at Budja Budja Neighbourhood House

> > \$25 for all six sessions

Cost: \$5 for individual session or





42 Grampiana Rd, HALLS GAP, VIC 3388

NEW

Dates



FREE FOREST THERAPY WALKS

Hi everyone,

This is a call out to anyone who wants to get out and about, and try something new.

It's for adults of all ages, all abilities and it's free!

I am coming to the end of my training as a forest therapy guide, with just a couple more walks to go before I am certified, and I'm looking for people to join me.

Forest Therapy is new to Australia, but is very big in

countries like Japan and South Korea. In those countries it is promoted by their governments, and within their healthcare systems, as a public health practice because there is a growing body of scientific research that shows forest therapy has significant benefits for our mental and physical health. Who knew?

2

If you would like to know more, please check out https://infta.net/

The walk will be for 3 hours, cover approx 1.5km and is an easy, gentle grade.

The dates and time are Wednesday 9.30am 12th October and Monday 9.30am 31st October.

If you want to come along, please call me on 0422 465 207 or drop me a line at rowenawitham@gmail.com so I can send you some more information.

Thanks very much and I hope to see you on the trail.

all the best

Rowena

BUDJA BUDJA MEDICAL CLINIC



20-22 Grampians Road, Halls Gap 3381

PH: 03 53 564751

WEBSITE: www.budfabudfacoop.org.au

OCT 2022		NOV 2022
3-7 Dr Lisa Bendtsen	31-4	Dr Ruth Sutherland (Tuesday 1st P/H)
10-14 Dr Ruth Sutherland	7-18	Dr Katriona Ross
17-28 Dr Gregory Stewart	21-2	Dr Christine Harvey

COVID-19 VACCINATIONS ARE COMING TO YOUR AREA

A mobile COVID-19
vaccination hub has
been arranged for your
area making your next
vaccination easy and
convenient.

- All doses/boosters are available for those aged 5 years and above
- People without a Medicare card are eligible
- No appointment necessary



Ararat
1st Oct 2022
11am - 2pm (Sat)

Alexandra Gardens (Cafe/pool end)

Stawell

19th Nov 2022

10am - 3pm (Sat)

Cato Park (Victoria Street side)











Wildlife with Neil

This month I am talking about Emus. These birds are in the Order Struthioniformes or Ratites – they are flightless cursorial birds (adapted for running) and are huge, all except the 3 Kiwis from New Zealand that stand to a height of 45cms. The Ratite group includes the Ostrich from Africa, the Rhea from South America, 3 species of Cassowary from New Guinea and 1 of those also from Australia and the very large Moa (extinct) and Kiwis from New Zealand. The Emu is also a Ratite and is the only survivor of 3 Species that occurred in Australia. The other 2 are the Kangaroo Island (Dwarf) Emu – Dromaius baudinianus – and was smaller

than the Emu, King Island (Dwarf) Emu – Dromaius ater was even smaller (with a maximum height of 1.4metres and weighed in at about 23Kgs. Both dwarf Emus were exterminated for food by Whalers and early settlers in the early 1800's.

Emu - Dromaius novaehollandiae
Other English Name: - Spotted Emu

Size: - 1.6 to 1.9Metres and weighs 30 -45Kgs.

Description: - I won't go into any description as most people are familiar with the species, other than to mention that they still retain a pair of residual wings. And some people staying at a neighbours in Pomonal a few year ago commented to them that the Emus on their property all had cancerous growths hanging from their chests not far up from their legs—these were their residual wings.

Occurrence: - They occur pretty much over the whole of the mainland except Tasmania.

Breeding: - Usually occurs in Winter. Site:- On Ground in grassland, woodland, mallee, mulga, forest, heath, saltbush and lignum. Often at the base of a tree or near tussock, bush or log. Egg Colour: - Dark Green. Egg Size: - Oval or ovate — 131.8 X 89.7mm on average. Weight: - 637.9Grams. Clutch Size: - 4 to 13 eggs with the largest clutch observed being 24 eggs. With laying over a period of up to 35 days., and can be by a few different Females. Incubation is entirely by the male bird and occasionally by 2 males, and on average takes around 54 days. All eggs are hatched within 42 hours of one another. The young are down covered and moving around in the nest almost immediately after hatching and start walking within 5 to 24 hours when they leave the nest for good.

Chicks: - Are striped off white, dark brown and orange brown on the body and dark brown and off white on the head. Only the male broods and guards the chicks and starts calling to them as soon as they are active beneath him. At about 4 days old, the chicks follow the male when he leaves the nest. The male invites chicks to peck at food items at the earliest stage; and subsequently does little to help chicks feed. The male calls often to small chicks. When they are around 7-8 months he abandons the chicks.

Juveniles: - Are a dark brown in colour with brown eye colour.

Adults: - Are grey/brown with red eyes, blackish on the upper neck and head, with a blue patch of bare skin from above the eye and down the neck in a crescent shape – the ear is visible in this blue skin patch and appears almost black.

Voice: - Grunting, booming by both sexes and high intensity booming (performed by the female only)

Keep a look out for males with chicks at this time. The photo of a male with 5 chicks was taken on Thursday 29th September 2022 around 4-30pm at Pomonal.





Halls Gap Primary School

RESILIENCE Have strength, character and a positive outlook EXCELLENCE Strive to be the best we can

COMPASSION Give care and compassion to others

Term 3 finished with many activities at Halls Gap PS.

A selection of students from Grade 5 and 6 participated in the Black Range Golf Tournament at Chalambar Golf Course in Ararat. Everyone enjoyed the day with Bonnie heading to the next round in October. We wish her the best of luck.

A small group of senior students headed to Melbourne to the State Library for the Melbourne Writer's Festival. They listened to 4 Australian writers who spoke about their books, the stories behind them and their own background. The children had a great day and found the writers very inspirational.

The whole school was involved in many activities and events including the Chandralaya Indian Dance workshop which was followed by lunch at Spirit of Punjab. We celebrated Father's Day with a special Bacon and Egg Roll breakfast. A family Science Night with lots of experiments and fun. Junior School Council organised a Footy Colours Day to raise funds for Kids with Cancer. We finished the term with a family BBQ and games.

The students are participating in Jump Rope for Heart. Each week for PE the children will be skipping and perfecting their tricks. The target is \$1,000.00 and we are well on the way. The jump off with be held on 14^{th} October.

From the Staff & Students at Halls Gap PS



If you have enrolment forms for Prep 2023, please complete them and return them to school A.S.A.P. If there are any families who may be interested in their children attending Halls Gap Primary, we would encourage you to give us a call to arrange enrolment forms.

Please contact the school on 5356 4235

or email halls.gap.ps@education.vic.gov.au





Activities Update 30th September 2022

September has been a very busy month down at the shed as our members enjoy the benefits of being part of the growing success of the Men's Shed movement.

Monday's social sessions run from 9-30am – 3pm and have been attended quite well with numbers growing and have provided a safe, fun environment for men to come and simply enjoy each others company.

Wednesday's patchwork group meets from 1pm - 4pm and are enjoying their time together.

Thursday project day sessions run from 9-30am – 3pm and have seen members involved in various activities in both the metal and woodwork areas. We are still doing some fundraising projects, but members personal projects have been taking precedence. We had a guest speaker come and give a demonstration on how to use the scroll saw which is now set up for use. We also enjoyed two members sausage sizzles this month.

Shed Talk this month was a great success as we had a presentation from the Black Dog Institute on depression. We invited other local sheds and the local community to attend. Everyone who attended found the information and discussion most helpful.

We earnt some funds helping out with the Grampians Brushes art experience and this was more a social experience than it was work, enjoyed by all who helped.

We had our Annual General meeting this month after sharing a lunch. Dr. Tim Harrison from ARRC chaired the meeting for us and we elected a new committee for the next twelve months.

The mixed bunch art group have been using our meeting room for their regular art sessions.

We also always enjoy our sausage sizzle at the monthly market as it is a great social time together as we are fundraising for the shed.

The shed is very welcoming to new members or anyone interested. Feel free to drop in and have a look at what we are up . For any information contact Russ Kellett on 0438 024 929.







Centenary Hall, 117 Grampians Road, Halls Gap





While he is lured into a seductive affair with the wife of his father's business partner, college graduate Benjamin also falls in love with her daughter, Elaine.

The Grampians Film Society evenings are held from January to November in either Halls Gap, Pomonal or Stawell.

The doors open at 7pm and screenings commence at 7.30pm.

Drinks and nibbles are served prior to the film and a light supper is served afterwards.

Membership is only \$45 annually or \$25 half-year. For more information contact Alison Bainbridge 0417 883 445

Come along and enjoy viewing, being entertained and discussing the merits of films we screen. We endeavour to cater for a variety of tastes as well as have a fun social night.





"Aboriginal ancestral narratives aren't just about the land – they're also about the Sun, the Moon and the stars. Indigenous people have a very holistic understanding of the universe. It doesn't just stop at the horizon."

Stephen Gilchrist, Indigenous art curator at Melbourne's National Gallery of Vic

Star map painting by Senior Wardaman Elder Bill Yidumduma Harney, featuring the Milky Way, the Moon, and ancestor spirits.

Credit: Bill Yidumduma Harney

Did you know that in late 2017, the International Astronomical Union (IAU) approved 86 new names for stars drawn from those used by other cultures, namely Australian Aboriginal, Chinese, Coptic, Hindu, Mayan, Polynesian, and South African? Four Aboriginal Australian star names were added to the IAU stellar name catalogue, including the Wardaman names Larawag, Ginan, and Wurren for the stars designated ϵ (Epsilon) Scorpii, ϵ (Epsilon) Crucis, and ζ (Zeta) Phoenicis, respectively, and significantly from Victoria, the Boorong name Unurgunite for the star (Sigma) Canis Majoris (an ancestral figure who fights the Moon), representing some of the most ancient star names in the IAU catalogue.

See: https://www.iau.org/news/pressreleases/detail/iau1707/

On a clear night we have wonderful view of our star system - get out and discover our star system.



When and where?

- * 13, 14, 15 October 2022 at Science Gallery, Melbourne.
- * 17 October 2022 Online sessions run by creatives in Shepparton

Who can attend?

Anyone aged 12-30 years old is welcome. Under 18's need to make sure that they fill out a signed consent form.

What is Future Reset?

Find out more:

https:// futurehealthy.vichealth.vic.go v.au



recent works of Rivers and Creeks

Natural Fabric Art Workshop with MARION MATTHEWS

MUSIC & ENTERTAINMENT

Dianne Stewart, Fran Thiele & more

GARDEN TOURS & TALKS

with Grannes garden designer Barb Reading & Neil Marriott

LOCAL FOOD KIDS ACTIVITIES

\$20 entry Kids for free!



A fundraising event for the WAMA Foundation

info@wama.net.au



207 Pomonal Rd, Stawell, VIC

HALLS GAP MARKET



The Halls Gap Market was established in 1997 and is proudly brought to you by the Halls Gap Primary School. Located at the base of the Wonderland Range (Grampians) on the Halls Gap Recreation Oval, Grampians Road, this truly unique market is a must.

The Halls Gap Market is an outdoor market and boasts a range of high-quality stalls offering arts, crafts, fresh produce, plants, fine food, coffee and more. School families volunteer to run the website, booking system, set-up and general organisation of the day. The students make and sell products, learning customer service, organisation and marketing skills along the way. There is also a fantastic raffle each market with great prizes. All proceeds go to the Halls Gap Primary School to purchase resources and engage relevant programs.

Please check the website for information on becoming a stall holder:

https://www.hallsgapmarkets.com.au/

Market Dates for 2022:

Melbourne Cup Weekend - Sunday 30th October

Market Dates for 2023:

Labour Day Weekend- Sunday 12th March

Easter Sunday - Sunday 9th April

King's Birthday Weekend - Sunday 11th June



Last Sunday every month - 9am - Ipm Pomonal Community Hall Ararat-Halls Gap Road, Pomonal

2022 Market Calendar

2nd January 3Oth January 27th February 27th March 24th April 29th May

3Ist July 28th August 25th September Ist & 2nd October 30th October 27th November

26th June 18th December

All site enquiries: Alison Bainbridge Market Coordinator M: 0417 883 445

All proceeds to Pomonal Community

Are You Stuck in the Bush?

Call Glenn on 0419 802 846

Or 0424 619 355...Leave a message if no answer.

Take a photo of this flyer.



On-Board Recovery Equipment

Winches – Front and Rear Snatch Straps Winch Extension Straps Snatch Blocks Shovel Air Compressor UHF Radio Ch 20 Fridge Hi-Lift Jack
Tree Trunk Protectors
Bow Shackles
Soft Shackles
Rated Recovery Points
Chainsaw
GPS Assistance
Local Knowledge



There are more ways to contact police with the new Police Assistance Line and Online Reporting platform.





Halls Gap is a Cat Free Zone



FILL THE GAP COMMITTEE

David, Pam, Margo and Alison

Please email your articles and photos to us by the 25th of each month to:

neighbourhood.house@budjabudjacoop.org.au

Upload your community events details to the Community Association webpage:

www.hallsgapcommunity.org.au

Like our Halls Gap Community Association
Facebook Page and/or Halls Gap Community
Watch and Events Facebook Pages.



To keep up to date with what is happening in Pomonal like Pomonal Community Connections Facebook page and/or Pomonal info & resources sharing Facebook Pages

Fill The Gap newsletter acknowledges Aboriginal and Torres Strait Islander Peoples as the first Australians.

We acknowledge the diversity of Indigenous Australia.

We respectfully recognise Elders past, present and emerging.

This newsletter was produced on Djab Wurrung country.





Wildlife Rescue

- Wildwood Wildlife Shelter Gariwerd
- Close to Halls Gap call Ian on 0413 921 171
- Wildlife Victoria: 13000 WILDLIFE (1300 094 535)

- Help for Wildlife: 5356 4749
- WRIN: 0419 356 433
- BADGAR: 1300 223 427
- RACV Wildlife Connect: 13 11 11

Regular Events

- * Chas Mangle Justice of the Peace is available for witnessing documents in the Halls Gap Newsagency from 8am 10am daily except Tuesday Ph. 0439 837 052
- Peter Hilbig is also a Justice of the Peace and can undertake JP responsibilities by appointment. Email peter@hilbig.id.au or telephone 0437 524 716.
- * History Room is open 2pm-4.30pm on MOST days. CLOSED Tuesday
- Budja Budja Neighbourhood House check the program at the house and online https:// budjabudjaneighbourhoodhouse.org.au/
- Various sport/fitness groups. Check the community website for details www.hallsgapcommunity.org.au