

FILL THE GAP

Produced by Halls Gap Community Association
& Halls Gap Neighbourhood House



Please book by phoning
0460 778 021
during opening hours or email
info@hallsgapnh.org.au

**We're hosting a
Biggest Morning Tea**
Please support us!



Cancer Council
Australia's Biggest
Morning Tea

Enter our Bake Off
Competition

Fabulous Prizes for:

Best Cake

Best Biscuit

Best Score

Best Slice

Where: Raccolto Pizzeria, 2 Heath Street, Halls Gap

When: Wednesday 21st May, 2025

Time: 12:30pm to 2:30pm



Gold Coin Donation

Bring a plate to share



April 2025 - Rainfall by Chas:

30 mm for April bringing the progressive total for 2025 to 143.5 mm. This compares to the same period last year of 60.5 mm for April with a progressive total of 165.5 mm for 2024. As of the 30th of April 2025 Lake Bellfield is holding 52,490 ML or 67% full compared to the same period last year of 69,100 ML or 88% full. The total system is holding 215,040 ML or 38.38 % full compared to the same period last year of 320,110 ML or 57.13 % full. Good to see Mount William is recording again with 36.6 mm for April 2025.

The highest temperature of 16.9 C was recorded on the 13th April and the lowest of 1.9 C was recorded on the 5th April 2025. The highest wind speed of 74 km/h was recorded on the 19th April 2025.

Fill The Gap is back monthly, if you have any events and news to share please email

hallsgapcommunity@gmail.com

Articles for May 2025 FTG need to be received by the 25th of May.

If you would like to volunteer your time to Fill The Gap please either email or come into The Halls Gap Neighbourhood House to speak to Alison.

IN THIS ADDITION:

Page 1:Biggest Morning Tea, STATS by CHAS

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Volunteer opportunities

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THE SIX SEASONS OF GARIWERD



gwangal moronn

season of honey bees - autumn
(late march to june)

Sunrises, Bees and Flocking Birds
Autumn (the season of native
honey bees or gwangal moronn) is
when the country starts to cool
down after the summer heat.

MONDAYS

05, 12, 19 & 26-THE HISTORY ROOM, CENTENARY HALL FROM 2PM – 4:30PM
05, 12, 19 & 26-POMONAL MEN’S SHED SOCIAL MORNINGS FROM 9:30AM

TUESDAYS

06, 13, 20 & 27- GENTLE EXERCISE AT HALLS GAP NEIGHBOURHOOD HOUSE (HGNH) 1:30PM
06, 13, 20 & 27- PETANQUE IN THE PARK - 4PM
06, 13, 20 & 27- RAINBOW ALLIANCE 12YRS-21YRS - STAWELL NEIGHBOURHOOD HOUSE - 4PM -6PM

WEDNESDAYS

07, 14, 21, 28 - CRAFT AND CHAT, HGNH -10AM-12NOON
07, 14, 21, 28-THE HISTORY ROOM, CENTENARY HALL FROM 2PM – 4:30PM
07, 14, 21, 28- POMONAL MEN’S SHED SOCIAL AFTERNOON- 1PM
21 BIGGEST MORNING TEA - RACCOLTO PIZZERIA, HALLS GAP 12:30PM TO 2:30-PM
28- GRAMPIANS FILM SOCIETY, CENTENARY HALL DOORS OPEN 7PM



THURSDAYS

08 & 22- THE HISTORY ROOM, CENTENARY HALL FROM 2PM – 4:30PM
08, 15, 22 & 29 POMONAL MEN’S SHED SOCIAL MORNINGS FROM 9.30AM
01, 08, 22 & 29 - HALLS GAP KITCHEN CABINET MEETING, CENTENARY HALL- 9AM
22 - HALLS GAP BOOK CLUB, MEETING ROOM, CENTENARY HALL - 6PM
29 - POP ARTS WEAVING WORKSHOP, HALLS GAP CENTENNIAL HALL- 6PM - 8PM

FRIDAYS

02, 09, 16, 23 & 30- TAI CHI/QI GONG, HALLS GAP NEIGHBOURHOOD HOUSE- 10AM-10:30AM
02, 09, 16, 23 & 30 - THE HISTORY ROOM, CENTENARY HALL FROM 2PM – 4:30PM
02 GRAMPIANS GREAT ESCAPE
09- FOGG PROFESSOR JOHN WHITE TALK, MURAL ROOM- 6PM

SATURDAYS

03 GRAMPIANS GREAT ESCAPE
03, 10, 17, 24 & 31- PETANQUE IN THE PARK- 1PM
10 EVENING WITH MICHAEL WALSH
17- POP ARTS WEAVING WORKSHOP, HALLS GAP CENTENNIAL HALL- 1PM - 4PM
23 DJ DISCO PARTY - 10YR-18YRS FREE 7PM-9PM, STAWELL LIBRARY
31 HALLS GAP LOCAL COMMUNITY WELLBEING DAY 9:30AM TO 4PM

Halls Gap
Local Community
Wellbeing Day

SUNDAYS

13- POMONAL GROWERS & PRODUCERS MARKET, POMONAL COMMUNITY HALL- 9AM-12:30PM
13- POP UP ARTISAN MARKET, HEATH STREET, HALLS GAP- 10AM-2PM
27- POMONAL VILLAGE MARKET, POMONAL COMMUNITY HALL- 9AM- 1PM



We are open Tuesday to Friday 9am to 3.15pm

- **Tuesdays** 1.30-2pm Gentle Exercise
- **Tuesdays** 2pm to 3pm Coffee Catch up
- **Wednesdays** 10am-12noon Craft & Chat Come along and share your skills or learn a new one.
- **Thursdays** 1.30-3pm Finska
- **Fridays** 10am-10.30am Qi Gong
- **Fridays** 10.30am-11.30am Coffee Catch up
- Computer access
- Printing
- Internet access
- Come in for a cuppa and yarn

Dancing in
the Dark
returning to Halls Gap
Soon
watch this space

FREE TO A GOOD HOME!
Halls Gap Neighbourhood House is having a spring clean:
Cannon Printer
&
Computer Screen Monitor



Come in for a cuppa and we
can chat about.....



Available Tuesday to Friday – 9am to 3.15pm
Contact Alison Bainbridge 0460 778 021

info@hallsgapnh.org.au



WEAVING WORKSHOPS



Everyone Welcome to contribute
to the Community installation for
NAIDOC Week

Join Alison & Sally at one of our workshops at Meeting Room,
Centenary Hall, Halls Gap - **Don't know how to weave** - no
problems we will teach you. All materials provided.

Workshop Dates

- *Every Wednesday from 23 April to 25 June 2025 10am-12noon
- *Saturday 17 May 2025 1pm-4pm
- *Thursday 29 May 2025 6pm-8pm
- *Sunday 22 June 10.30pm - 1.30pm
- *Thursday 26 June 6pm-8pm



Proudly supported by



Join us for some
community fun



Please book by phoning
0460 778 021
during opening hours or email
info@hallsgapnh.org.au

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Bring a plate to share



Thank you to everyone who joined the Our Voices Our Future Community Forum on 28 April hosted by the Halls Gap Kitchen Cabinet!

It was a fantastic turn out to share, listen, and contribute to what Halls Gap's community fire recovery can look like.

If you attended, you will receive a summary of the evening – and our next steps. If you couldn't attend but would like to receive the information, please send us an email:
HGKitchenCabinet@gmail.com



**Please keep sharing your ideas around the next phase of recovery.
We want to hear from you!**



- What are your reflections about Halls Gap's community recovery so far?
- What is your personal vision or ideas for Halls Gap and surrounds' broader recovery and resilience?
- How would you like to contribute or be involved? Are you able to offer time and/or specific skills?
- Should Hall Gap's community recovery continue through a dedicated Community Recovery Committee? Would you like to be involved in any way?



Let's keep the conversation going – talk with your family, friends and neighbours about the future of Halls Gap. Connect with us on: **HGKitchenCabinet@gmail.com**



Halls Gap Local Community Wellbeing Day

 **Saturday 31 May 2025**

 **9:30 am - 4:00 pm**

 **Halls Gap Primary School**

We're offering free chiropractic, osteopathy, and art therapy sessions—come along to take part in these supportive services. All treatments are free, but donations are warmly welcomed.

Tea, coffee, and great conversation will also be on hand!

Special thanks to the Halls Gap Recovery Kitchen Cabinet Community Group for their support.



parkrun is coming to Lake Fyans

It is with much excitement that plans are underway to bring parkrun to our local community down at Lake Fyans. The anticipated start is **mid July – early August this year**. As the appointed Event Director, I am very excited to share this news with my local community. A little about me: I'm Linda and I moved to Pomonal November 2023. Prior to moving I was a keen parkrun participant.

Therefore, I can personally testify to the benefits of parkrun that include supporting health and well being and strengthen community connectedness. parkrun is a global organisation that started in the UK back in 2004 by a small group of people. The idea was to come together on a Saturday morning at 8am to enjoy a timed 5km walk, jog or run. The idea grew and you can now attend parkrun events every Saturday morning at 8am all around the globe. Here in Australia, there are currently 522 parkruns.

parkrun is always free and everyone is welcome from the very young to our elders. It is an all-inclusive event so do not be put off by the 'run' in parkrun, it is for everyone! Every time you participate you will receive your time via email as well as your own personal statistics that include how many parkruns you have completed. Milestones are celebrated at the start of every event such as children participating in their 10th parkrun, adults completing their 25th , 50th , 100th and 250th parkrun.

Volunteers are central to parkrun but where volunteering is shared and is just as much fun as participation. Anyone can volunteer and the roles are easy and shared. You will always be supported and appreciated. Many parkrunners volunteer about once every 2 months. Every time you volunteer you also get credit with volunteer milestones that are celebrated. Other benefits of parkrun include post parkrun ritual of café coffees and social catch ups as well as the attraction of tourist travelling who do not want to miss out on their weekly parkrun and not to forget parkrun tourism. **Yes, parkrun tourism.**

One aspect of getting ready for the launch of parkrun here at Lake Fyans is to establish a core group of volunteers who will be keen to support the event in the first couple of weeks. This is just to ensure there are enough people who know the roles until new volunteers can be encouraged to add their names to the roster. Therefore, I am looking for people who would be interested. As noted, volunteer roles are easy and you will be supported by myself in learning what each role involves. If you want to learn more watch this video with some volunteers talking about their experiences of volunteering. You may have even seen Lisa from ABC News breakfast talking about why she does parkrun and where Stephen talks about why he loves volunteering at his local Rosebud parkrun. (Inside the Park Run phenomenon taking over Saturdays | News Breakfast. <https://www.youtube.com/watch?v=kN-KWHf7YaY>)

If you are interested in being one of the core group of volunteers to support the early weeks of parkrun coming to Lake Fyans please reach out either via email
henderson.linda.g@gmail.com
or text 0418330586



An Enchanting Evening with Michael Walsh

Join us for a mesmerizing evening of guitar music Classical, Latin, Flamenco, and Popular melodies performed by the talented Michael Walsh.



Support a Cause While You
Enjoy the Music
Proceeds will aid the Project
Platypus Squirrel
Glider Project
and the fire recovery of
Pomonal Community
Nursery
Helping nurture both nature
& community! Your Invited

Date: Saturday evening, May 10th Time: 6:00 PM

Venue: Grannes, 207 Pomonal Road, Stawell

Join us for an unforgettable evening filled with food, entertainment, and for a great cause. Attendance is by donation (\$40-\$100).

Click here to secure a ticket

DJ DISCO PARTY!!

When: 23rd May, 7-9 PM
Where: Stawell Library!
Ft. DJ Zach Attack & Special Guest: DJ Rome
10-18 Year Olds! AND FREE!



Please note that this event is
Smoke, Vape, Drug and Alcohol free.

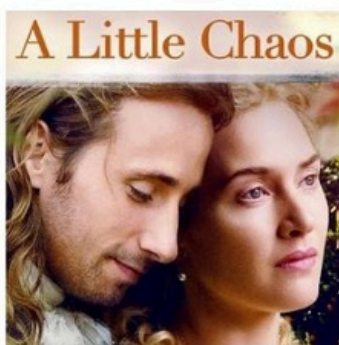


The Grampians Film Society evenings are held from January to November.

The doors open at 7pm and

screenings commence at 7.30pm.

Drinks and nibbles are served along with Tea & Coffee



A Little Chaos Community Event

Treat yourself to a night out to the movies.
This is a **FREE** community event supported by
your Community Association of Halls Gap

Screening Date & Time: Wednesday 28 May 2025 at 7.30pm

Screening Venue: Centenary Hall, 117 Grampians Road, Halls Gap

Film: A Little Chaos: 2014 British period drama film directed by Alan Rickman

King Louis XIV of France assigns the design and construction of the Gardens of Versailles to his head landscape architect André Le Nôtre. Already managing numerous large projects, Le Nôtre interviews other landscape designers to whom he might be able to delegate some of the work. One of the candidates is Sabine de Barra, who is that rare thing in the 17th century: an independent professional woman.



Budja Budja Medical Clinic

Halls Gap Clinic 20-22 Grampians Road 53564751	MAY Dr Katriona Ross 28-9 Dr Tim Lowe 12-23 Dr Clare Hand 23-23 Dr Cathy Donaldson 26-6
Ararat Clinic 54 Girdlestone Street 53526700	Dr Rodney Sebastian 22-2 Dr Luhong Min 5-31



Both our clinics are not taking any new patients at the moment due to high patient numbers. We are sorry for any inconvenience, this will be reviewed in the future and updated accordingly. We want to keep giving the highest level of care to our existing patients and to continue doing this we have had to make this decision.



It is time to start thinking about the 2025 Flu season! Please phone our clinics to arrange an appointment.

You may be eligible for a free vaccine if you are:

- Children aged 6 months to less than 5 years
- Pregnant women for every pregnancy and at any stage of pregnancy
- Aboriginal and Torres Strait Islander people aged 6 months and over
- People aged 65 years and over
- People aged 6 months and over with certain medical conditions.

Otherwise you can receive a script from one of our doctors, then purchased from the pharmacy and brought back to the clinic for our nurses to administer for you.



How will little critters cope with climate change?
The Grampians fire, climate and biodiversity project.



A/Professor John White from Deakin University with an agile antechinus

Findings from long-term small mammal research in the Grampians. While the impact of recent fires remains unclear for now, this talk will focus on how these species respond to changing climates and what their stories can tell us about biodiversity and adaptation.

Date: Friday 9th May at 6pm

Where: Mural Room, Brambuk National Park and Cultural Centre, Halls Gap

Followed by Meal at the Spirit of Punjab (Text to RSVP 0428399441) All welcome



Activities Update –
30 th April 2025

April has been another busy month at the shed with lots of different stuff going on. Firstly, it is with great pleasure I announce that we won the giant pumpkin growing competition at the Moyston Easter show against Stawell and Ararat men’s sheds and will once again be going to Stawell men’s shed for a celebration BBQ. We also were able to give the community a look at the war memorial as we placed parts of it on display for this years Anzac Day service. The shed is running very well with high spirits and good comradery at all sessions.

Monday’s from 9-30am we meet for our shed session where we usually solve a variety of the worlds problems over a hot cuppa and snack. Every Monday morning, we are running a woodwork session with students from Pomonal Primary school, which is a great time for the students and our members alike.

Thursday’s from 9-30am we have had busy shed sessions with lots of different projects on the go in the workshop. We are slowly producing some items for sale at the monthly markets. We also have a BBQ lunch at least one of these sessions per month.

Wednesday’s from 1pm in the meeting room we have had our Patchwork session with our female members doing a variety of patchwork and sewing projects enjoying some thier time over a hot cuppa and good humour.

We are pleased that the Mixed bunch Art Group are enjoying using our meeting room for their sessions.

The last Sunday of each month we ran our (now quite famous) sausage sizzle at the Pomonal market. This helps us raise some much-needed funds as well as being a great social time for all involved. It is also a great way of showing potential new members through the shed and explaining some of our various activities.

The shed is very welcoming to new members, or anyone interested, feel free to drop in and have a look at what we are up to or for any information contact Russ Kellett on 0438 024 929.



Grampians Walking Tracks Support Group

With the onset of somewhat cooler weather our work program has got under way. On 5th April we had our annual maintenance session at Heatherlie Quarry in preparation for the Ozact performances at Easter. It was noticeable that the growth of vegetation had been restricted by the dry conditions of the past year or so.

This was closely followed by a more substantial project at the same site. The treated pine boardwalk across the (sometimes) swampy area in front of the old boiler and compressor at the Quarry was 30 years old and needed replacing. The Support Group purchased four expanded steel mesh panels and legs together with the concrete to set the legs in place. By the end of the first day 6 enthusiastic volunteers and 2 Park Rangers had removed the old boardwalk, dug the new holes in rocky ground, assembled the new panels and concreted them in place. All that remained for the second day was to fashion the abutments at each end and tidy up. Home by lunch!!

Our next working bee is on 3rd- 4th

May. Saturday will be spent on the McKenzie River Walk starting at Zumsteins, clearing drainage channels and pruning vegetation. Sunday will probably be a shorter project closer to Halls Gap. Anyone wishing to join us should contact me and register on ParkConnect - <david@witham.net.au> or 5356 4300.



Notification of Short - Term Road Closure

Sunday 25.05.25 - The 13th 'Run the Gap' Event, we welcome you to join us.

Supporting tourism, community, good health, and fitness. All proceeds go to community projects to extend and enhance walking and bike paths. Plus \$1 from each registration is donated to "Grampians Walking Track Support Group", assisting in maintaining Grampians National Park walking tracks. The Event is open to all ages, is well-supported and a regular on running calendars.

Where does the Money Go? Run the Gap is advocating for a new shared path to the Halls Gap Zoo with an extension to the new build, WAMA Museum for Environmental Art with **\$60,000 held in trust for the project**. Last year the Run the Gap Committee donated \$20,000 to the Pomonal Community in support of our neighbours after the fires of February 2024.

The Event attracts close to or over 1200 Participants and their families and friends each year. Entrants love the breathtaking views of Mt. William and the Serra Ranges, and the Run the Gap Committee are keen to give all participants an enjoyable experience.

Participants finish with a BBQ Brekky brunch provided by the Rayners Market, the Community Association of Halls Gap, Halls Gap Bakery, Halls Gap Sports Club, Halls Gap Supermarket and Woolworths. All of these provide such valuable support. Friends and family can join in for a gold coin donation. All Volunteers, Marshalls and everyone involved in the event is encouraged to also enjoy the Brekky.

Briefly for your interest. Online Registrations are at www.runthegap.com.au. The Event opens with a "Welcome to Country" Ceremony on Saturday 24 May from 2:45pm in the courtyard at the Visitor Information Centre. This is followed by On-day Registrations and de-registrations opening at 3:00-6:00pm, then from 7:00am Sunday May 25 at Centenary Hall. Registrations for the 21km trail run, close earlier at 6:00pm Saturday, May 24.

21km – Livefast Lifestyle Café Run starts 7:30am on School Road (as last year, this is the new start for the 21K).

12km – Absolute Outdoors Run starts 8:10am on School Road

6km – Halls Gap Lakeside Tourist Park Run starts 8:30am on School Road

6km – Mixxfm Walk starts 8:35am on School Road

Mini Run the Gap for the littlies starts 10:00am in Parkland central village.

Run the Gap is very fortunate to have our local Police and Fulton Hogan responsible for traffic management and we need to advise you of the following:

- Short delays may occur to vehicles on Grampians Road, Mt Zero Road, Mt Victory Road
- *Marshalls may stop vehicles that may wish to enter Grampians Road via Tymna Drive.*
- *Access to local residents to be maintained at all times*
- *Marshalls to assist with competitors crossing Grampians Road*
- We anticipate the event will be concluded by 11:30 am

The Run the Gap committee appreciate and thank you for your support. If you have any questions regarding the event or would like to get involved as Marshalls / Vollies / Spot Prize Supporters, we'd love to hear from you!

Contacts: Will 0408 892 010; Mark 0427 568 622; or Monique 0400 113 218.

email support@runthegap.com.au





Pomonal Growers & Producers Market Calendar 2025


9th February
16th March
13th April
11th May
15th June
13th July

17th August
14th September
12th October
16th November
21st December

Sunday, 9am to 12.30pm

Held at the Pomonal Community Hall,
Ararat-Halls Gap Rd,
Pomonal, Vic 3381.

Also home of the Pomonal
Village Market, on the last
Sunday of every month.

Follow us on 
@Pomonal Markets



Pomonal Village Market 2025 Market Calendar

26th January
23rd February
30th March
27th April
25th May
29th June
27th July
31st August
28th September
4th & 5th October
26th October
30th November
28th December

Last Sunday every month
9am - 1pm

Pomonal Community Hall
Ararat-Halls Gap Road, Pomonal

There is an extensive list of local volunteer groups located in and around Halls gap. If you are a new group in town or an existing one wanting to change/ update your information please email your new information to:
hallsgapcommunity@gmail.com

List of groups looking for volunteers:

- Ambulance Community Officers
- Community Association of Halls Gap
- Fill the Gap Newsletter
- Friends of Grampians Gariwerd
- Grampians Film Society
- Grampians Grape Escape
- Grampians National Park
- Grampians Walking Tracks Support Group
- Halls Gap Botanic Garden
- Halls Gap CFA
- Halls Gap & Grampians Historical Society
- Halls Gap Landcare Group
- Halls Gap Neighbourhood House
- Run the Gap
- WAMA (Wildlife Art Museum of Australia)



Connect. Enhance. Share.
Connect with your Community in
Northern Grampians Shire.

Why use CommunityConnect?

- It is FREE for everyone to use.
- Local exposure to potential customers, clients or new community group members.
- Obtain a verified listing in the Community Directory that community members can trust.
- Showcase exciting opportunities, announcements & meetings for your business or community group on the Community Noticeboard.
- Promote upcoming events to a wider audience.
- Access local support services you may need for your business or group.



Notices



Map



Events



Emergency
External Links



Directory




Emergency Recovery
& Relief Notifications



Stay Connected.
Download Now.



A Northern Grampians Shire Council supported initiative

 communityconnect.digital

 communityconnect@ngshire.vic.gov.au

FILL THE GAP HELPERS

We are always looking for new helpers
Please email your articles and photos to us
by the 25th of each month to:

hallsgapcommunity@gmail.com

Upload your community events details to the
Community Association webpage:
www.hallsgapcommunity.org.au

Like our Halls Gap Community
Association Facebook Page and/or
Halls Gap Community Watch and
Events Facebook Pages.



To keep up to date with what is happening in
Pomonal like Pomonal Community Connections
Facebook page and/or Pomonal info & resources
sharing Facebook Pages

Chas Mangle Justice of the Peace is available
for witnessing documents in the Halls Gap
Newsagency from 8am - 10am daily except
Tuesday Ph. 0439 837 052

There are lots of groups looking for
volunteering. Head to Halls Gap - Community
Noticeboard and look under the Volunteering
tab to learn more.

Fill The Gap newsletter acknowledges
Aboriginal and Torres Strait Islander
Peoples as the first Australians.

We acknowledge the diversity of
Indigenous Australia.

We respectfully recognise Elders past,
present and emerging.

This newsletter was produced on Djab
Wurrung country.



There is a new Facebook page for local business in the area
it is a private group by invite or request only, please search
Halls Gap Business and Workforce Communication
on Facebook to join.

Wildlife Rescue

- Wildwood Wildlife Shelter – Gariwerd
- Close to Halls Gap call Ian on 0413 921 171
- Wildlife Victoria: 03 8400 7300
- Help for Wildlife: 5356 4749
- WRIN: 0419 356 433
- BADGAR: 1300 223 427
- RACV Wildlife Connect: 13 11 11



Halls Gap is a cat
free zone. Help
protect local wildlife