



FILL THE GAP

Produced by Halls Gap Community Association
& Halls Gap Neighbourhood House

Rainfall by Chas:

November 2025

110 mm for November 2025 bringing the progressive total for 2025 to 894.5 mm.

This compares to the same period last year of 30.5 mm for November with a progressive total of 710 mm.

As of the 26th of November 2025 Lake Bellfield is holding ML or 77% full compared to the same period last year of 65,980 ML or 84% full. The total system is holding 253,230 ML or 45.20% full compared to the same period last year of 296,750 ML or 52.96% full.

Mount William received 113.2 mm for November 2025. The highest temperature of 24.7 C was recorded on the 24th of November 2025 and the lowest of -0.6C was recorded on the 11th November 2025. The highest wind speed of 94 km/h was recorded on the 7th & 8th of November 2025.

December 2025 - 32 mm for December 2025 bringing the progressive total for 2025 to 926.5 mm.

This compares to the same period last year of 52.5 mm for December with a progressive total of 762.5 mm.

(The past ten year average is 1020 mm per year.)

As of the 24 December 2025. Lake Bellfield is holding 59,860 ML or 76% full compared to the same period last year of 64,440 ML or 82% full. The total system is holding 244,340 ML or 43.61% full compared to the same period last year of 281,290 ML or 50.20 ML.

Mount William received 51.8 mm for December 2025. The highest temperature of 30.8 C was recorded on the 18th December 2025 and the lowest of 0.7 C was recorded on the 7th December 2025. The highest wind speed of 76 km/h was recorded on the 1st of December 2025.

January 2026 - 19 mm for January 2026. This compares to the same period last year of 21 mm for January 2025.

As of the 28th January 2026 Lake Bellfield is holding 57,380 ML or 73% full compared to the same period last year of 61,900 ML or 79% full. The total system is holding 221,280 ML or 39.49% full compared to the same period last year of 259,260 ML or 46.27% full.

Mount William received 17.4 mm for January 2026. The highest temperature of 22.2 C was recorded on the 27th of January 2026 and the lowest of 2.6 C was recorded on the 1st of January 2026. The highest wind speed of 85 km/h was recorded on the 16th of January 2026.

February 2026 - 29.5 mm for February 2026 bringing the progressive total to 48.5 mm. This compares to the same period last year of 42 mm for February and a progressive total of 63 mm.

As of the 25 th of February Lake Bellfield is holding 55,380 ML or 71% full compared to the same period last year of 59,760 ML or 76% full.

The total system is holding 203,300 ML or 36.28% compared to the same period last year of 239,640 ML or 42.77%.

Mount William received 37.8 mm for February 2026. The highest temperature of 27.3 C was recorded on the 7th of February 2026 and the lowest of 2.5 C was recorded on the 2nd of February 2026. The highest wind speed of 89 km/h was recorded on the 17th of February 2026

Mondays

History Room, Centenary Hall. Open every Monday from 2pm – 4:30pm.

Pomonal Men's Shed Social mornings. Every Monday from 9:30am.

Monday 2nd March Community Association Halls Gap Meeting from 4:30pm at Meeting Room Halls Gap Centenary Hall.

Monday 16th March Water Aerobics 6:15pm-7pm at the Halls Gap Pool.

14th -19th March Grampians Arts Market Place 8:00am-5pm Halls Gap Hub

Tuesdays

Gentle exercise, every Tuesday at 1.30pm at Halls Gap Neighbourhood House (HGNH).

Petanque in the Park, every Tuesday from 4pm.

Rainbow Alliance 12yrs-21yrs - Stawell Neighbourhood House - every Tuesday from 4pm -6pm.

Coffee and Chat, every Tuesday 2pm at HGNH.

14th -19th March Grampians Arts Market Place 8:00am-5pm Halls Gap Hub

Wednesdays

Craft and Chat, every Wednesday 10am - 12 noon at HGNH.

History Room open, Centenary Hall from 2pm - 4:30pm.

Pomonal Men's Shed Social afternoon, every Wednesday- 1pm.

14th -19th March Grampians Arts Market Place 8:00am-5pm Halls Gap Hub

Thursdays

History Room open, Centenary Hall every Thursday from 2pm - 4:30pm.

Pomonal Men's Shed Social morning, every Thursday from 9.30am.

Thursday 12th International Women's Day Luncheon, Recreation Reserve - Pavilion 11:30am to 2:30pm

Thursday 19th 14th -19th March Grampians Arts Market Place 8:00am-5pm Halls Gap HubHalls Gap Book Club, HGNH office at the Halls Gap Hub at 6pm.

Fridays

Tai Chi / Qi Gong, every Friday 10am - 10.30am at the Halls Gap Neighbourhood House.

History Room open, Centenary Hall from 2pm - 4:30pm.

Friday 13th March Twilight Makers Market from 4-6pm at the Halls Gap HUB

Saturdays

Lake Fyans Walking Track Parkrun, every Saturday from 8am.

Petanque in the Park, every Saturday from 2pm.

21st March: Open Mic Poetry Night 6:30pm - 9pm MOCO Gallery & Boutique

14th -19th March Grampians Arts Market Place 8:00am-5pm Halls Gap Hub

Sundays

Sunday 8th St John's Anglican Church Halls Gap service at 8:00 am. Everyone welcome.

Sunday 8th Halls Gap Primary School Market, Halls Gap Recreation Reserve from 9am to 1pm

14th -19th March Grampians Arts Market Place 8:00am-5pm Halls Gap Hub

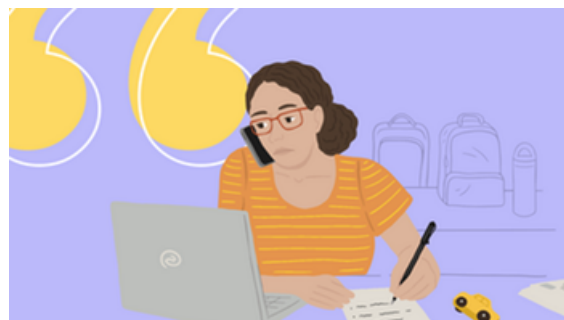
Sunday 15th Pomonal Growers & Producers Market, Pomonal Community Hall- 9am-12:30pm.

Sunday 29th Pomonal Village Market, Pomonal Community Hall- 9am- 1pm.

For many people, midlife brings a new level of chaos. Career shifts and new health challenges often collide with caregiving responsibilities, financial pressures and more. The mental load can be huge – and taxing. Some tips to help improve your mental load are:

1. **Divide, don't delegate:** it's about relearning a new way of thinking, divide the whole task, including the thinking, pre-planning and planning stages.
2. **Say yes to no:** it can be hard to say no to others but if we want to show up for others we need to show up for ourselves first. Looking after your mental health and wellbeing isn't about doing more it's about making considered choices about how to do less.
3. **Talk (and sweat) it out:** talking it out with friends and family is an important strategy, putting it into words can help reduce the impacts of stress.
4. **Try to focus on the now:** being in the moment and not thinking about your long "to do" list will help to decrease your sense of anxiety.

Four ways to ease your mental load in midlife



Quick tips for balance

- Pause and take stock of your mental load. Is it working for you? What could be done differently?
- Set boundaries and take time for yourself. Recharging is a crucial part of good mental health.
- If you're still struggling, get mental health and support. Reach out to a friend, visit your doctor, or contact Beyond Blue or Lifeline.



Mental Health Support

Free group intervention sessions to help cope with the effects of the Gariwerd bushfires.

Tuesday 24 February - 10am-12pm: Self-Care and Compassion

Practices to help with improving physical, mental, and emotional health before, after and during difficult times using a compassionate approach

Tuesday 14 April - 10am-12pm: Dealing with Anxiety and Fear

This session aims to provide skills and practices to help manage fear and anxiety related to trauma

Wednesday 20 May - 11am-1pm: Self-Soothing & the Importance of Connection

This session provides ideas of how to practice self-soothing and staying connected after experiencing a traumatic event

All welcome. Come along.

All sessions held at Budja Budja: 20-22 Grampians Rd, Halls Gap



Weekly Program

- **Monday 16th** Water Aerobics 6:15pm-7pm
- **Tuesdays** 1.30-2pm Gentle Exercise.
- **Tuesdays** 2pm to 3pm Coffee Catch up.
- **Wednesdays** 10am-12noon Craft & Chat
Come along and share your skills or learn a new one.
- **Thursday 12th** International Women's Day Luncheon 11:30am to 2:30pm
- 19th March Book Club- 6pm.
- **Fridays** 10am-10.30am Qi Gong.
- **Fridays** 10.30am-11.30am Coffee Catch up.
- Computer access
- Printing
- Internet access
- Come in for a cuppa and yarn





Halls Gap Book Club

We will be discussing the book
"Bruny" by Heather Rose.

If you would like to join us collect a copy of the book from Alison at the HGNNH office from 19 February 2026

117-119 Grampians Rd., HALLS GAP VIC 3381
m: 0460 778 021
e: info@hallsgapnh.org.au

**Thursday 19th
March 2026
@ 6pm
Venue: HGNNH Office**





Halls Gap NH Luncheon



International Women's Day

The IWD 2026 Give To Gain Campaign encourages a mindset of generosity and collaboration towards gender equality



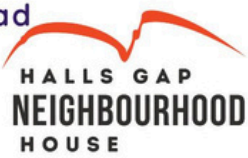
International Women's Day

Date: Thursday 12 March 2026
Time: 11.30AM-2.30PM

Venue: Halls Gap Recreation Reserve
46-72 Grampians Road HALLS GAP

Guest Speaker: Professor Cassandra Szoeki

Cost: \$15 per head





Open Mic Poetry Night

Saturday 21st March

Theme

Diversity | Inclusion | Respect | Harmony

Language and melody, a feast for your ears.

Poetry spoken - Songs shared - Moments felt.

Come to enjoy the environment.

Come to share the space.

Leave feeling connected,

held gently in the human race.

Doors open 6.30pm

Words begin 7.00pm

Wrap up 9.00pm

Share your poetry,
or your favourite piece,
a melody, or simply listen.

Join us for a beautiful evening of
sharing, listening, laughter and
potentially a few tears.



MOCO
Gallery &
Boutique

**\$20 covers entry
& sharing platter**

Bookings



MOCO

475-481 Grampians Rd, Halls Gap (03) 5356 6446

Bring a poem - Bring a melody - Bring yourself.

For sharing advice Call Rowena 0422465207

An Ode to Gariwerd - Blanche Leithead

Little dog brown and little dog black,
Went for a walk along the bike track.
They met kangas and ducks,
And a big noisy truck.
They saw swimmers and bakers,
And waffle cone makers.
As the light shimmied down,
Like a warm golden crown,
They cheered with a yap,
For their beloved Halls Gap.
From the cockies they heard,
The best place is Gariwerd.

Beautiful aint it?! I love Halls Gappians



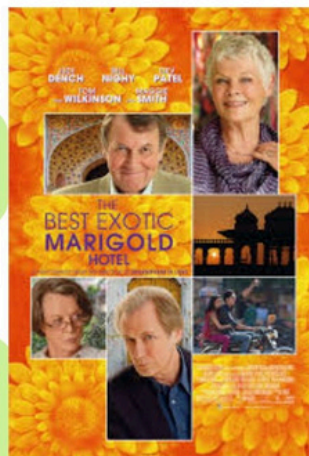
Doors open: 7pm

Screening: 7:30 pm

Venue: Centenary Hall
117 Grampians Road, Halls Gap

Check The Grampians Film Society website on
membership details and full program.
<https://grampians.filmsociety.org.au/>

Wednesday 24th March 2026



British retirees travel
to India to take up
residence in what they
believe is a newly
restored hotel. Less
luxurious than
advertised, the
Marigold Hotel
nevertheless slowly
begins to charm in
unexpected ways.

Applications for the Great Gariwerd Bird Course are now open!

Parks Victoria in partnership with Nature Glenelg Trust, are seeking twenty volunteers from the Grampians/Gariwerd region to assist with surveying birds in Grampians (Gariwerd) National Park. The Great Gariwerd Bird Survey (GGBS) is a Citizen Science volunteer opportunity which is delivered over two days in Autumn and Spring annually. Interested volunteers will take part in a FREE 10-week bird monitoring course by behavioural ecologist Dr Greg Kerr in Halls Gap, starting in mid-March and finishing in late-May. It will be delivered one night a week where volunteers learn about bird identification, ecology and monitoring techniques at various surveying locations around Gariwerd.

Trained volunteers will then use the skills they have developed to take part in the first of its kind bird monitoring survey over two days in April and October. This course will help volunteers gain the level of skills and knowledge necessary to survey birds that most people take years to nurture and develop.

This program has been delivered for the past five years with continued efforts from over sixty volunteers. Parks Victoria and Nature Glenelg Trust are now opening 20 new positions for volunteers to be trained by Dr Greg Kerr.

Course and Survey Details

The course will be delivered every Monday evening from 5:00pm – 9:00pm in Halls Gap, from 16th March through to 25th of May (excluding Easter Monday).

The 2026 Autumn survey date is the 18th and 19th of April. Volunteers will apply their newly learned birding skills with other participants.

How to apply

Would you like to apply? Read the position description (attached) to understand what is required of volunteers in detail. Applications close on Wednesday 4th March, 2026.

Link to apply: <https://forms.office.com/r/zPP71PqkEW>

Still not sure if you should apply? Watch the video here

<https://www.youtube.com/watch?v=vbHwHK4-vwk>

For further information about this opportunity, please contact Jen:

Jennifer.gao@parks.vic.gov.au

GRAMPIANS

14-19 MARCH | THE GRAMPIANS VIC

TEXTURE 2026



Grampians Texture is an annual workshop program for fibre artists in the Grampians. The program provides an opportunity to participate in two, four or six days workshops with some of Australia's best tutors for introduction level to experienced artists.



FREE Community Events

Twilight Makers Market | 4-6pm Friday 13 March 2026

The market will be held at the GrampianArts Market Place at Halls Gap HUB, 117-119 Grampians Road, Halls Gap.

There will be a wide range of quality hand craft, made by local artists, tutors and students participating in Grampians Texture. Expect to find clothing, jewellery, paper, books and much more...

Market Place

8:00am-5:00pm | 14 - 19 March

Call into the Halls Gap HUB to buy at GrampianArts Market Place.

Expect to find delicious products for textile and other artists to create with: fibre, yarns, books, fabrics, hand-made papers, etc...

Workshop Display

4:00pm **SHARP!**
Sunday 15 March

All two day workshops will display their artworks at the Halls Gap HUB (Hall) for 30 minutes

3:30pm **SHARP!**
Thursday 19 March

All four and six day workshops will display their artworks at the Halls Gap HUB (Hall) for 30 minutes

**Discover
Northern
Grampians**

Grampians Textures is a project of GrampianArts, a not-for-profit organisation that strives to provide opportunities for artists to extend their skills and showcase their work.
Grampians Textures is supported by the Northern Grampians Shire Council.

W | www.grampianarts.com.au E | textures@grampianarts.com.au P | 0493 430 312



Activities Update – 28th February 2026

We have had another busy month at the shed with more projects popping up like signage for the park run track at Lake Fyans and more bird boxes for the local community. We have also been making bee hotels for the school program bull rushes for current orders and are ready to start the PPA community artwork damaged from the bushfires. We have still been honing up the CNC machine with it working well – we just need to increase our understanding of all it can do – this seems to take time. Comradery has been running very high with members enjoying our time together and the banter helping everyone's mental health.

We are pleased that our all-inclusive evening program has started again on Wednesday nights from 7pm – 9pm, giving our women and working men members a chance to do shed, community and personal projects in the workshop.

The patchwork sessions are going very well on Wednesday afternoons with our women members enjoying time away from men as they do their patchwork and sewing projects.

The Mixed Bunch Art Group continue to use the meeting room for their meetings, and we are enjoying a good working relationship with all the other community groups in our area.

As usual we had a great time doing the sausage sizzle and selling items made in the shed for the Pomonal market raising funds for the shed. The shed is still running very well with a high level of comradeship, true mateship and caring for each other in a way only men can do in complete trust and confidentiality.

SHED TIMES

Monday's 9-30am – 3pm. General shed session for male members.

Wednesday's 12pm – 4pm. Patchwork session for women members.

7pm – 9pm. All Inclusive sessions for men and women members.

Thursday's 9-30am – 3pm General shed session for male members.

Last Sunday of each month – 8am – 1pm. Market BBQ sausage sizzle.

Pomonal Men's Shed is located at 3360 Ararat/Halls Gap Road, Pomonal – next to the Pomonal Community Hall and offers a very welcoming atmosphere for new members, or anyone interested. Feel free to drop in and have a look at what we're up to, or for any information you can contact Russ Kellett on 0438 204 929.....

**EVERYTHING YOU NEED TO
KNOW ABOUT EVENTS**

When: Wednesday, March 11, 2026
Where: North Park Sports Precinct, Function Room
Time: 6pm to 7.30pm



Free event

Brought to you by council's
Community Development and
Tourism & Events Teams



YOUNG ONES

Musical Theatre, Singing and Drama Program

Now open for enrolments

A musical theatre program for 8-18 year olds building music and performance abilities through focussed singing and drama activities and an annual on stage performance.

Wednesdays 4.30-5.30pm

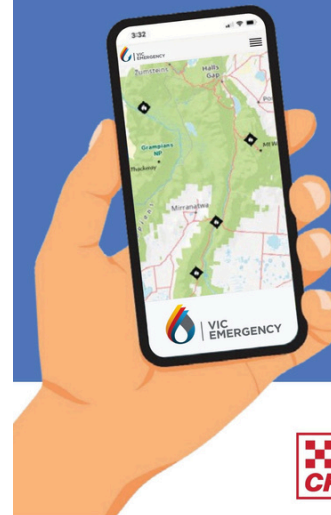
Grampians Community Health Diamond Room Patrick St Stawell

Spaces limited—registration essential—Call Dianne on 0427850278

Or email spaci@outlook.com or visit our facebook page



Download the VicEmergency App



Learn how to set your watch zone

<https://bit.ly/setwatchzone>



Fill The Gap is back monthly, if you have any events and news to share please email

hallsgapcommunity@gmail.com

Articles for April 2026 FTG need to be received by the 23rd March 2026.

If you would like to volunteer your time to Fill The Gap please either email or come into The Halls Gap Neighbourhood House to speak to Alison.



Don't block

+61 444 444 444

Its an Emergency Alert



There is an extensive list of local volunteer groups located in and around Halls gap. If you are a new group in town or an existing one wanting to change/ update your information please email your new information to: hallsgapcommunity@gmail.com

List of groups looking for volunteers:

- Ambulance Community Officers
- Community Association of Halls Gap
- Fill the Gap Newsletter
- Friends of Grampians Gariwerd
- Grampians Film Society
- Grampians Grape Escape
- Grampians National Park
- Grampians Walking Tracks Support Group
- Halls Gap Botanic Garden
- Halls Gap CFA
- Halls Gap & Grampians Historical Society
- Halls Gap Landcare Group
- Halls Gap Neighbourhood House
- Run the Gap
- WAMA (Wildlife Art Museum of Australia)



Little Ones

Singing and Creative Movement

Now open for enrolments

A program for young learners aged 4-8 years with a focus on building foundation skills in music and drama

Wednesdays 3.45-4.15pm

Grampians Community Health Diamond Room Patrick St Stawell

Spaces limited—registration essential—Call Dianne on 0427850278

Or email spaci@outlook.com or visit our facebook page

SING WITH

STAWELL YOUTH CHORUS

Performing Arts Company

**TUESDAYS
5:30-6:30PM**

**AGES
12-25**

Led by
Alanis Williams

Returning to Stawell after achieving her Bachelor in Music Performance Alanis is home for the next 12 months and wants to share her love of singing and build a community of young people who come together and sing the types of songs she likes, contemporary and fun.

- Love to sing
- Singing makes us happy
- Great songs
- Make new friends
- Improve our singing
- We get to Perform

For more information
call or message 0491 096 105

Local Markets

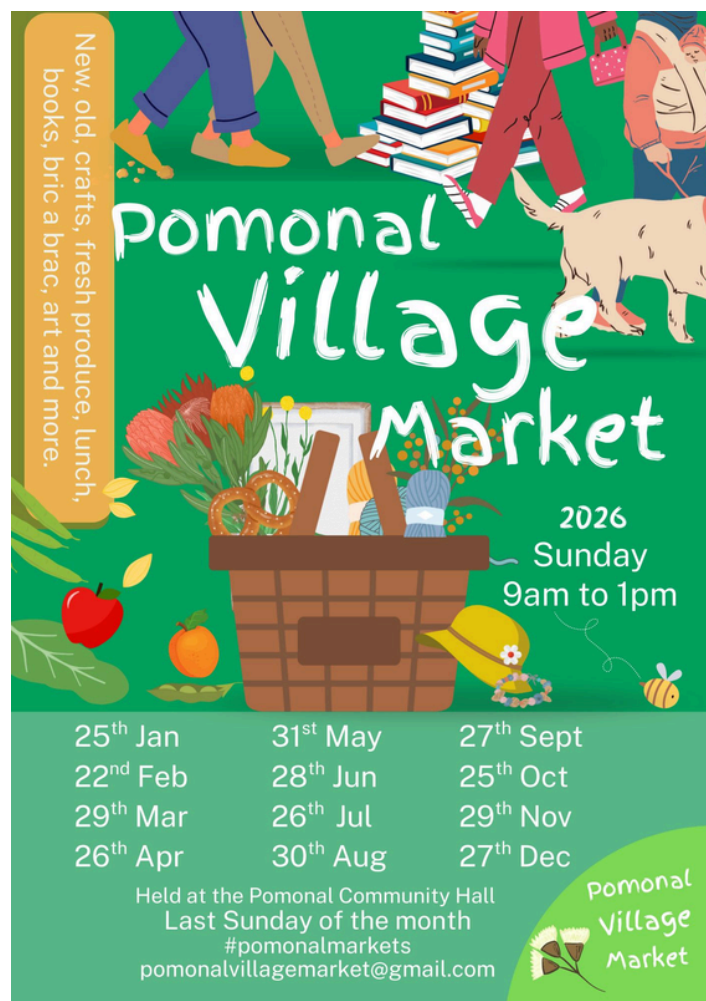


Pomonal Growers & Producers Market 2026 Sunday 9am to 12.30pm

Edible. Drinkable. Growable.

11 th Jan	17 th May	13 th Sept
8 th Feb	14 th Jun	11 th Oct
15 th Mar	12 th Jul	8 th Nov
12 th Apr	9 th Aug	20 th Dec

Held at the Pomonal Community Hall
#pomonalmarkets
pomonalgrowersandproducers@gmail.com



Pomonal Village Market 2026 Sunday 9am to 1pm

New, old, crafts, fresh produce, lunch, books, bric a brac, art and more.

25 th Jan	31 st May	27 th Sept
22 nd Feb	28 th Jun	25 th Oct
29 th Mar	26 th Jul	29 th Nov
26 th Apr	30 th Aug	27 th Dec

Held at the Pomonal Community Hall
Last Sunday of the month
#pomonalmarkets
pomonalvillagemarket@gmail.com



Halls Gap Primary School Market

Dates 2026 9am-1pm

- Sunday 8th March
- Sunday 5th April
- Sunday 7th June
- Sunday 27th September
- Sunday 1st November

FILL THE GAP HELPERS

We are always looking for new helpers
Please email your articles and photos to
us by the 25th of each month to:
hallsgapcommunity@gmail.com
Upload your community events details to
the Community Association webpage:
www.hallsgapcommunity.org.au

Like our Halls Gap Community Association
Facebook Page and/or Halls Gap Community
Watch and Events Facebook Pages.



To keep up to date with what is happening in
Pomonal like Pomonal Community Connections
Facebook page and/or Pomonal info & resources
sharing Facebook Pages

Chas Mangle Justice of the Peace is
available for witnessing documents in the
Halls Gap Newsagency from 8am - 10am
daily except Tuesday Ph. 0439 837 052

There are lots of groups looking for
volunteering. Head to Halls Gap -
Community Noticeboard and look under
the Volunteering tab to learn more.

Fill The Gap newsletter acknowledges
Aboriginal and Torres Strait Islander
Peoples as the first Australians.

We acknowledge the diversity of
Indigenous Australia.

We respectfully recognise Elders past,
present and emerging.

This newsletter was produced on Djab
Wurrung country.



There is a new Facebook page for local business in the
area it is a private group by invite or request only,
please search- Halls Gap Business and Workforce
Communication on Facebook to join.

Wildlife Rescue

- Wildwood Wildlife Shelter – Gariwerd
- Close to Halls Gap call Ian on 0413 921 171
- Wildlife Victoria: 03 8400 7300
- Help for Wildlife: 5356 4749
- WRIN: 0419 356 433
- BADGAR: 1300 223 427
- RACV Wildlife Connect: 13 11 11



Halls Gap is a cat
free zone. Help
protect local wildlife